

"Magic of Milagros" Workshop



Tiny metal hands, feet, hearts, heads: we'll look at examples of these traditional Mexican charms (milagros -- "little miracles") and learn how they've been used for hundreds of years to ask for or give thanks for blessings.

Then we'll learn how they can also be used more metaphorically -- to ask for blessings or healing, or to give thanks for miracles granted, or to empower ourselves to step into the unknown.

As a meditation on current issues in our lives, we'll make our own personal milagros and then create shrines for them.