

More about the presenters.....

Kate Larose currently manages the School-based Tobacco Use Prevention grant program at the Vermont Department of Education, which is available to all Vermont supervisory unions. Kate's previous professional experience includes federal grant management at the State of Alaska, and serving as a community health worker in the country of Burkina Faso.

Anne Liske is the Sexual Violence Prevention Coordinator at the Anti-Violence Partnership, a community-university collaboration housed in the Department of Social Work at the University of Vermont. She facilitates the implementation of all phases of a five-year state initiative, *The Vermont Approach: A Strategic Plan for Comprehensive, Collaborative Sexual Violence Prevention in Vermont*, to address multi-disciplinary prevention strategies in communities and systems. She has fifteen years experience with the NYS Coalition Against Sexual Assault, training and policy advocacy network for the state's rape crisis programs and allied service providers. She holds a Masters in Communication from New York University and an MFA in Theatre from the University of North Carolina.

Donna McAllister is the Health Education Consultant for the Vermont Department of Education. A classroom teacher for 35 years of classroom in both health and family and consumer sciences, she has experience teaching both middle and high school students. Presently she is a Co-Chair of the Sexual Violence Prevention Task Force. She is a graduate of Montclair State College with a BA in Home Economics and a Masters in Education from Southern New Hampshire University.

Kate O'Neill currently oversees the youth HIV prevention program and is the Student Health and Learning Workgroup Coordinator at Vermont Department of Education. With a background in health education, Kate designs and provides professional development in the areas of policy, curriculum and instruction with a content emphasis on sexuality education. Kate also works in collaboration with a variety of community organizations that serve high risk youth.

Debby Haskins, MS, LADC, CCS is the Executive Director of the Association of Student Assistance Professionals of Vermont with 21 years of experience in school settings. She is a training consultant to the Center for Health and Learning, adjunct professor teaching on-line courses through UVM, and has a private practice in Waterbury. She was an SAP for 10 years before becoming the President of the Association and then the Ex. Director.

Gayle B. Finkelstein MSRN is the Northern New England Poison Center's Vermont Poison Outreach Education Coordinator. She works at Fletcher Allen Health Care in Burlington. She has a Master of Science in Nursing from Pace University. She has worked at the Poison Center since 2006.

Cost of the Conference is \$90.00 for day one, \$150.00 for both days.
Lunches /breaks are included.

Dinner & Room accommodations are on your own. Overnight accommodations can be made at the Holiday Inn, 800-462-4810.

12 CEU's for both days

Registration form @ www.asap-vt.org

ASAP of Vermont



14th Annual SAP Conference

▶ Two days of relevant workshops for anyone that works in a school

Day One

- Ethics & Legal Issues in School-Deb Lee & Bruce Burk
- Vicarious Trauma-Joelle van Lent
- Grief & Loss....with Virginia Fry

October 21 & 22, 2009 Holiday Inn, Rutland

Registration form @ www.asap-vt.org

Wednesday: October 21st, 2009

Day One:

8:00 -8:30 Registration & Continental
Breakfast

8:30-9:00 Opening Remarks

9:00-4:00 Ethical & Legal Issues (all day for 6
CEU's)-Deb Lee & Bruce Burk

Or

9:00-12:00 Vicarious Trauma-Joelle van Lent

12:00-1:00 LUNCH-buffet

1:00-4:00 Creative Healing in Grief & Loss-
Virginia Fry

4:30-5:30 ASAP Annual Board Meeting-
elections

5:30-8:00 Tobacco Coordinators' meeting and
dinner

Day 2 Lunch 12:00-1:00

1:00-4:00 *Your choice of workshop...1-5*

1. Using Technology in the Classroom-same as morning session- Kate Larose

2. Youth Getting to "Y"-same as morning session-Helen Beattie

3. Sexuality Education today: Kate O'neil. This interactive session will address core concepts related to HIV, STD and pregnancy prevention as well as learning strategies for skills-based sexuality education. Participants will also have an opportunity to increase their comfort level with addressing issues related to adolescent sexuality.

4. Sexual Violence Toolkit-Donna McAllister & Anne Liske

Are you familiar with ACT 1 – AN ACT RELATING TO IMPROVING VERMONT'S SEXUAL ABUSE RESPONSE SYSTEM? Are you aware that in 2011 schools will need to implement child sexual abuse prevention education within their comprehensive school health education? Are you aware that the "TARG" Technical Assistance Resource Guide is being developed to assist schools with this implementation? The working group would like for you to participate in a focus group to review the TARG and provide feedback which will help the group move the work forward. We will also look at foreseeable problems, how schools can prepare for implementation of this legislation, connections between substance abuse and sexual violence, challenges, successes and fears in your area of the state around sexual violence.

5. SAP 101- Basics for all new SAP's, required -Debby Haskins

Day 2

3. Grade Expectations with an ATOD Focus-Donna McAllister

This interactive session will engage participants in an understanding of using standards and grade expectations to guide skills-based learning in ATOD education. Participants will have the opportunity to develop learning strategies that address skills such as: accessing valid and reliable health information, the influences of media and social norms on sexual behavior and analyzing essential skills for health behavior change related to. Communication and negotiation skills, goal setting and decision making skills will also be addressed.

4. Shout It Out- Bess O'Brien will be showing the entire video Shout it Out,. O'Brien will speak about the making of the film, show clips from the movie and speak about the transformative power that this project has had on students and teens involved. O'Brien will also share the impact the film has had on communities, youth and adults, and how to use the film as a way to open up dialogue between adults and teens in *your* community. We will talk about how to use the film in the classroom, in schools to create action steps and change.

5. Prescription Drug Kits-Gayle Finklestein,

Medication Abuse High School Lessons...

This presentation includes a thorough review of the medication abuse prevention lesson plans & new kits.

Workshop descriptions for Day 1

Ethical & Legal Issues: Full Day 9-4 pm. Ethics has not changed in thousands of years. How we interpret them and apply them to new situations such as medical and current law results in shades of grey. This course will examine the law, work place policies, and self reflection on the need for support and taking care of oneself. Bruce Burk & Deb Lee (This fulfills your apprenticeship or certification requirements)

OR:

Vicarious Trauma Workshop-Joellen van Lent 9-12 pm.

"Vicarious Trauma is the cumulative emotional, social, and physiological impact on individuals who work with victims of psychological trauma. This is the experience of bearing witness to the pain that people cause each other and the pain that others feel from life experiences."

The training has the goals of teaching about vicarious trauma and providing a discussion that allows for validation, normalization, and creative planning. Tools are provided for self-assessment and the development of ongoing methods to build resiliency within oneself and one's place of work. The workshop includes a combination of teaching and interactive exercises.

1:00-4:00 pm Creative Healing in Grief & Loss- Virginia Fry

This workshop will focus on the many paths of healing grief after loss with a variety of media and creative strategies, including writing, drawing, crafts and clay, music and breathing exercises. Case studies will illustrate the human complexity of grief in children, youth, and adults, and demonstrate the creative human capacity for making meaning from our losses-- and not only surviving, but thriving in this life.

Day One presenters

Bruce Burk is a retired school administrator veteran, substance counselor, and SAP. With more than twenty years in the field of supporting children I look at most things as upside down. I have my masters from the University of Vermont. Presently I am a Guardian Ad Litem, internet college professor for The Heritage Institute and Antioch University, consultant for schools concerning school environments, deacon, and spiritual mentor for adults.



Deb Lee is LADC, SAP c. She is the School Counselor at St Johnsbury Academy and has a small private practice located in Lyndonville, Vt. She has worked in the substance abuse and mental health field for over 25 years as a clinician in a variety of settings. Her primary focus has been working with young people and their families in many types of settings. She currently provide supervision for several SAP in the Northeast Kingdom.

Dr. Joelle van Lent is a licensed psychologist who specializes in providing treatment and assessment services for children, adolescents, and families in the areas of trauma, autism, and mental health difficulties. She also provides consultation and training to mental health and educational professionals. Dr. van Lent has worked within a variety of settings in Vermont for the past 10 years. She works for Northeastern Family Institute as a psychologist in the Family Center Outpatient Clinic and is the clinical consultant for NFI's Allenbrook Homes for Youth, a teaching family group home in South Burlington, Vermont.

Virginia L. Fry, M.A., has been the Director of the Hospice and Palliative Care Council of Vermont (30 years), and Bereavement Coordinator of Central Vermont Home Health and Hospice. She is adjunct faculty to four Vermont colleges and consults for the Vermont Departments of Children & Families, and Disabilities and Independent Living, medical schools, hospitals, drug and alcohol treatment programs, and hospices nationwide. Her book, *Part of Me Died Too* (Penguin Putnam, 1995; Revised and self-published in 2005) was voted Best of Publisher's Weekly, and an American Library Association Notable Book.



*Thursday
Oct. 22nd*

9:00-12:00 Your choice of workshop...1-5

1. Using Technology in the Classroom-Kate Larose

This hands-on workshop will introduce participants to technology that can be used in the classroom including interactive white boards and student response systems. Participants will have a chance to interact with the hardware, and discuss how these products can be used to enhance the delivery of prevention programming.

2. Youth Getting to "Y": Student-led Analysis of the YRBS Data-Helen Beattie

The goal of this workshop is to prepare participants to recruit students to co-lead a: 1) day retreat to analyze their 2009 YRBS data this fall, 2) lead a dialogue night to share their findings with the community, and 3) support these students to take some action relative to their data findings over the winter/spring. Participants will leave with the retreat planning manual and dialogue night manual, will have had key activities modeled, and will have created their own action plan to get this off the ground at home.

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