



## American Society of Geriatric Otolaryngology Program for Inaugural Meeting April 25<sup>th</sup>, 2007

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**Learning objectives** - Following completion of this program, participants will be able to:

1. Understand the pathophysiology of voice production in the elderly and know treatment algorithms to improve quality of life for the elderly dysphonic patient
  2. Recognize the significance of dysphagia and associated aspiration in the elderly population and know strategies to evaluate and manage to reduce dysphagia associated morbidity
  3. Recognize the significance of hearing loss in the elderly population and know population-based strategies to improve the percentage of patients who are successfully rehabilitated
  4. Understand the pathophysiology of balance disorders in the elderly including the non-vestibular causes of balance disorders
  5. Recognize the clinical significance of benign paroxysmal positional vertigo in the elderly population and know strategies to improve the management of the disorder in the elderly population.
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12:30 – 1:00 pm – Registration

**PART 1: Keynote Speaker and Guest of Honor**

1:00 – 1:15 pm – Welcome from the President – **Dr. Jerry Goldstein**

1:15 – 2:00 pm – Keynote Speaker address – **Dr. Andrew Monjan**

**Aging: Growing Healthy**

2:00 – 2:30 pm – Guest of Honor: **Richard Goode, M.D.**

2:30 – 2:35 pm -- Questions

2:35 – 2:50 pm – Coffee

**PART 2: Swallowing and Dysphagia in the elderly: Moderator: **Dr. David Eibling****

2:50 – 3:10 pm – The aging voice: recognizing and treating it – **Dr. Robert Sataloff**

3:10 – 3:30 pm – Evaluating dysphagia in the elderly: a practical approach –

**Dr. Greg Postma**

3:30 – 3:40 pm – Discussion

**PART 3: Hearing loss and vertigo in the elderly: Moderator: **Dr. George Gates****

3:40 – 4:00 pm – Hearing loss and aging: how important is it? – **Dr. George Gates**

4:00 – 4:20 pm – Making sense of dizziness in the elderly – **Dr. Joel Goebel**

4:20 – 4:50 pm – Benign paroxysmal positional vertigo: what you need to know –

**Dr. Steve Cass**

4:50 – 5:00 pm – Questions

5:00 – 5:15 pm – Closing comments

5:15 – 5:45 pm – Business meeting

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**Accreditation Statement**

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American College of Surgeons and the American Society of Geriatric Otolaryngology. The American College Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

**AMA PRA Category 1 Credits™**

The American College of Surgeons designates this educational activity for a maximum of 4 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.



**Andrew A. Monjan, Ph.D., M.P.H.**



Dr. Andrew A. Monjan is Chief of the Neurobiology of Aging Branch of the Neuroscience and Neuropsychology of Aging Program within the National Institute on Aging. His duties include the development and monitoring of research on the aging brain, brain-behavior interactions in the aging process, and their underlying cellular and molecular processes. Dr. Monjan has served as the Executive Secretary of the National Commission on Sleep Disorders Research. He also has worked with NASA on several joint conferences and initiatives, including STS-90 (Neurolab) and STS-95.

Dr. Monjan received his B.S. in Psychology from the Rensselaer Polytechnic Institute in 1960 and a Ph.D. in Psychology from the University of Rochester in 1965. He spent a further two years at the University of Rochester on a postdoctoral appointment within the Center for Brain Research studying visual neurophysiology. He has held academic appointments in the departments of Psychology and of Physiology at the University of Western Ontario (1966-69) and in the department of Epidemiology at the Johns Hopkins University School of Hygiene and Public Health (1971-83) following his receipt of an M.P.H. from that institution in 1970. His research interests varied from vision and sensory neurophysiology to neuroimmunopathology to psychoneuroimmunology. In 1983, he joined the National Cancer Institute at the National Institutes of Health to help develop an extramural research program on the epidemiology of AIDS. Drawn by the challenges of health science administration, he joined the National Institute on Aging in 1985 to work on developing programs to help understand the aging process.

**Richard Goode, M.D.**



Richard L. Goode, M.D. is Professor of Otolaryngology-Head & Neck Surgery at Stanford University Medical Center and Chief of Otolaryngology at the Palo Alto VA Health Care System. Dr. Goode is a graduate of the University of Southern California School of Medicine and did his residency in Otolaryngology at Stanford, remaining on the faculty after completing residency. His clinical interests are in Facial Plastic Surgery, Head and Neck Surgery, Facial Nerve Rehabilitation and Surgery for Sleep Disordered Breathing. He has served as President of the American Academy of Otolaryngology-Head and Neck Surgery as well as President of the American Academy of Facial Plastic and Reconstructive Surgery. He has also been Chairman of the NIH NINCD Study Section and FDA ENT Medical Device Advisory Committee as well as a Governor of the American College of Surgeons. His research focuses on medical device development and he has been involved in the start-up of several companies, including Resound Corporation, a major manufacturer of hearing aids.

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- The Better Hearing Institute,
- Hearing Industries Association, and
- Medtronic ENT

