



Barbara Rinehart

# CME

## PAIN MANAGEMENT

My responsibilities were:

- 🌿 Developed outline for modules 3 & 4
- 🌿 Wrote content for acute & chronic pain
- 🌿 Prepared/selected tables & figures
- 🌿 Completed PowerPoint slides (annotated & referenced)

## INSIGHTS into Pain Management

### How to Register

To register for this series of CME-certified online case-based activities, please click on the registration button below. Once registered, you will be prompted to create a password and participate in each of the modules.

### Target Audience

These educational activities have been designed for primary care physicians and other health care professionals who treat patients with pain.

### Series Description

This 7-module interactive CME multimedia series is designed to improve primary care physicians' knowledge of the management of acute and chronic pain, with the ultimate goal of providing optimal pain management to their

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### Commercial Support

This series of activities is supported by an educational grant from PriCara, Division of Ortho-McNeil-Janssen Pharmaceuticals, Inc., administered by Ortho-McNeil Janssen Scientific Affairs, LLC.



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### Tutorial

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Acute vs Chronic Pain		
Characteristic	Acute Pain	Chronic Pain
Cause	Generally known <sup>1</sup>	Often unknown <sup>1</sup>
Function	Protective <sup>2</sup>	No protective function <sup>2</sup>
Duration of pain	Short, well-characterized, resolves as injured tissue heals or action thereafter <sup>3</sup>	Persists after healing (>3 months) <sup>4</sup> , persists for longer than the expected time frame for healing <sup>4</sup>
Autonomic nervous system activity (e.g., sweating, tachycardia)	Increased <sup>5</sup>	Rarely increased <sup>5</sup>

1. Iezzoni, D.L. et al. J Gen Intern Med. 1998;13(12):1000-1004.  
2. Iezzoni, D.L. et al. J Gen Intern Med. 1998;13(12):1000-1004.  
3. Iezzoni, D.L. et al. J Gen Intern Med. 1998;13(12):1000-1004.  
4. Iezzoni, D.L. et al. J Gen Intern Med. 1998;13(12):1000-1004.  
5. Iezzoni, D.L. et al. J Gen Intern Med. 1998;13(12):1000-1004.

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