

JUMP NEWS

December, 2003

Cal West Gymnastics

Just Us Motivated Parents

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Compulsory Teams Place First at Championship Meets

CAL WEST RULES!

Zone 6 Championships

The winning streak started at the Zone 6 Championships at Tri-Valley Gymnastics on November 11. In the Level 5, 7-9 year-old division, Stephanie Chan won floor with a 9.175, and took 2nd places on bars (9.25), beam (9.2) and all-around (35.825). Lilian Mangrobang was awarded 3rd on beam with a 9.025. Cal West was strong in the 10 year old category, taking the top three places with Megan Powers leading the way. Megan had an awesome 9.5, 1st place beam routine, was 2nd on vault with an 8.9, and completed the meet with a 36.25 AA score. Crystal Paz received the silver all-around with a 36.2. She was 1st on vault (9.05) and floor (9.4), and placed 2nd on bars with a 9.4. Kristen Buehler followed close behind with a 3rd place all-around medal, achieving a 2nd place on beam (9.0), and floor (9.15). Camille DeLeon was successful with a 3rd place on vault, and floor. Danielle McWilliams also had a great meet prevailing in the 11 and older group. It was a 1st place on bars (9.275), beam (9.2), and a 2nd on vault (8.525) to contribute to her winning AA score of 35.775. Briana Gonzales placed 2nd all-around with a 34.9 and was 2nd on beam. Tori Sanders was consistent in her performances and earned her 3rd place all-around award. Allison D'Ambrosio was 2nd on floor and vault. Kimberlee Hu came out with a first place medal on floor.

The Level 6 team also did their share at Zones. Kaitlin Dore was 3rd on vault (9.1), beam (9.1), and floor (8.875) and ranked second all-around with a 36.175. Lena Liu garnered the 1st place AA title in the older division, winning beam (8.95), and floor (9.1), and receiving a silver on vault (9.25). Alexandra Buttars ranked 3rd in the zone by obtaining a 2nd place on floor (8.7) and 3rd places on bars (8.925) and beam (8.6). Gina Liu had a beautiful, 1st place vault scoring a 9.45 and was 2nd on bars with a 9.0.

Other Cal West athletes who competed at Zones were Megan McWilliams, Brooke Osborn, Alana Turangan, Jessica Lemas, Kiana Gordon, Camille Harris, Anjanette LaManche, Rachel DeGuzman, Andrea Suarez, Trina Duarte, and Jennifer Kiehl.

Level 6 State Championships

Our Level 6 team dominated the Level 6 State Championships at Emery High School hosted by Head Over Heels Gymnastics on November 15-16. The team took the first place team banner by outscoring other teams on all events.

Kaitlin Dore was proclaimed the Level 6 State Champ in the 10B age-group, after capturing a 1st place on bars (8.725) and floor (9.35), a 2nd place on vault (9.025), and a 3rd place on beam (9.025). Her all-around score was 36.125. Katie Biddle was the silver medalist in the same group. Her accomplishments included a 1st place on vault (9.05), a 9.0 on beam and floor. Trina Duarte brought home a silver medal on vault in her age division and made a 9.1 on floor.

Lena Liu had an extraordinary meet getting the state title with high marks of 9.45 on vault, 9.125 on bars, 9.075 on beam, and 9.525 on floor. Of those scores, she was 1st on bars and floor, and 2nd on vault. Her all-around hit 37.175. Alexandra Buttars was 2nd on bars with an 8.95, and 3rd on beam with a 9.1, a 9.0 on vault, a 9.1 on floor and completed the meet with a 3rd place 36.15 all-around. Gina Liu received a silver on beam with a 9.125, a 4th on floor with a 9.275 to finally receive a 5th place all around score.

Jennifer Kiehl also qualified to compete in the state meet.

The icing on the cake came when Lena Liu and Alexandra Buttars were named to the Level 6 state team, an honor for the top 6 scorers of the entire championship.

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Congratulations new State Champions!
Level 6 - Kaitlin Dore and Lena Liu
Level 5 - Crystal Paz and Megan Powers

...continued from page 1 - **Level 5 State Championships**

Hard work and determination all paid off when the Level 5 team captured the 1st place team title at the Level 5 Championships at Technique Gymnastics on November 22-23. Cal West fared 1st on vault, beam and floor. In addition, two of our athletes, Crystal Paz and Megan Powers, were appointed to the Level 5 State team.

Crystal Paz was the highest scorer of the entire meet with a 36.875 all-around score. In her session, she was 1st on vault (9.15) and floor (9.3), 3rd on beam (9.25), and received a 9.175 on bars. Kristen Buehler took the 2nd place all-around with her 36.25. She was 1st on beam with a super 9.45 and 2nd on floor with a 9.275.

Megan Powers also claimed a state championship, winning the 10B age group. Megan had a 1st place 9.4 on beam and 9.0 on vault, and a 9.175 on floor to get her 36.275 in the all-around. Rachel DeGuzman took home a silver medal on floor with a 9.2.

Stephanie Chan stood on the 2nd place podium in her age group with a 35.375. Stephanie had an awesome 1st place beam routine which was awarded a 9.55, and a 1st place floor score of 9.125.

In the 10C group, Camille DeLeon achieved gold for vault with an 8.9, was 3rd on floor with a 9.025, and scored a 9.1 on bars for her 2nd place standing in the all-around with a 35.875. The 11 year-olds were awarded in 4 different groups. Allison D'Ambrosio was 3rd on beam (8.875) and floor (8.9) in the 11B's. Kimberlee Hu was 3rd on vault (8.45), and floor (8.85) in the 11C competition. Briana Gonzales held gold on floor with a 9.0, silver on bars with a 9.25, and bronze on beam with an 8.475. She accomplished a 3rd place all-around at states. Other 11-year olds who qualified to states were Andrea Suarez and Tori Sanders.

Danielle McWilliams sported 2 silver medals on bars and beam after competing with the other 12 year-olds.

Also competing at states for the first time were Lilian Mangrobang (7-8 age group), Brooke Osborn (9A age group) and Camille Harris (10B age group).

Congratulations, Ladies!



It's Time for the Optional Intrasquad and Holiday Party!

The kick-off to the optional team season happens at the Optional Intrasquad on Saturday, December 20th at 12:15 p.m. It's a time when our Level 8-10 athletes perform their new skills and routines, and are given pointers by Nor Cal Judges before participating in actual invitationals.

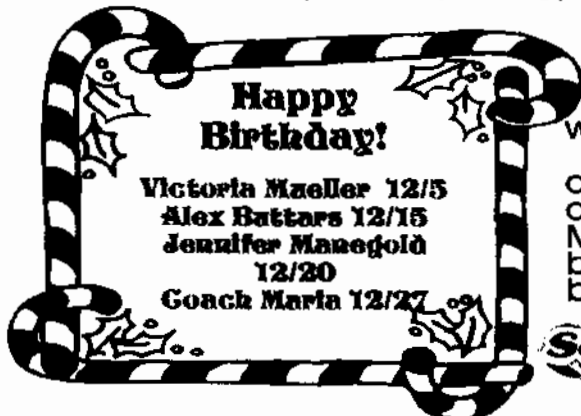
Immediately after the meet (approximately 4:00 p.m.), it is also a time to PARTY! All team members will be having a potluck dinner provided by Bronco Billy's Pizza of Fremont and team parents, performing their team skits, and exchanging gifts with their secret Santas.

While everyone is encouraged to come and cheer the optional team members at the Intrasquad meet, the party is generally for the girls. Parents usually take this time to shop or go out to eat dinner.



Come and Support the Optional Team This Holiday Season

Level 7: National Judges Cup Qualifier, December 13, 8:35 a.m., San Jose State University
Level 7-10: Roseville Invitational, January 3 & 4, Byers Roseville Gymnastics



Just A Reminder ...

- Reserve January 23-25 to work at the Far West Invitational.
- Level 5 & 6 parents: Turn in digital video clips of your daughter's season to Laurel Masatsugu before the winter break. These will be used in the banquet program.



See you next year at the JUMP meeting on Monday, January 12, at 7:30 p.m.