



July 2008

July 2008-Events

Support Group Meetings are held on the Second and Fourth Wednesdays of each month at the

Sutter Center for Psychiatry
7700 Folsom Blvd.
Sacramento, CA 95826

Meetings are free

Dates to Remember:

Wednesday, July 9th

Support Group Meeting 7:30-9:00 PM

Wednesday, July 23rd

Support Group Meeting 7:30-9:00 PM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9 Support Group Mtg 0730-9:00pm	10	11	12
13	14	15	16	17	18	19
20	21	22	23 Support Group Mtg 0730-9:00pm	24	25	26
27	28	29	30	31		

Contacts:

Andrea Hillerman
Marilyn Hillerman
Tina and Terry Imai
Katie Faires

Phone: (916) 875-4710
Phone:(916) 875-5644
Phone: (916)686-7063
Phone: (916)983-7339

andrea@mhasc.org
marilynhillerman@ yahoo.com
tdimai@surewest.net
kfares@comcast.net



August 2008

August 2008-Events

Support Group Meetings are held on the Second and Fourth Wednesdays of each month at the

Sutter Center for Psychiatry
7700 Folsom Blvd.
Sacramento, CA 95826

Meetings are free

Dates to Remember:

Wednesday, August 13th

Support Group Meeting 7:30-9:00 PM

Wednesday, August 27th

Support Group Meeting 7:30-9:00 PM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13 Support Group Mtg 0730-9:00pm	14	15	16
17	18	19	20	21	22	23
24	25	26	27 Support Group Mtg 0730-9:00pm	28	29	30
31						

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September 2008

September 2008 - Events

Support Group Meetings are held on the Second and Fourth Wednesdays of each month at the

Sutter Center for Psychiatry
7700 Folsom Blvd.
Sacramento, CA 95826

Meetings are free

~~Dates to Remember:~~

Wednesday, September 10th
Support Group Meeting 7:30-9:00 PM

Wednesday, September 10-14
2008 DBSA National Convention in Norfolk, Virginia

Tuesday, September 15th
2-4:30 6th annual California Memorial Project Remembrance Day
[see flyer for details](#)

Wednesday, September 24th
Support Group Meeting 7:30-9:00 PM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10 Support Group Mtg 0730-9:00pm	11	12	13
14	15  6th annual Remembrance Day	16	17	18	19	20
21	22	23	24 Support Group Mtg 0730-9:00pm	25	26	27
28	29	30				



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October 2008

October 2008 - Events

Support Group Meetings are held on the Second and Fourth Wednesdays of each month at the

Sutter Center for Psychiatry
7700 Folsom Blvd.
Sacramento, CA 95826

Meetings are free

Dates to Remember:

Wednesday, October 8th

Support Group Meeting 7:30-9:00 PM

Wednesday, October 22nd

Support Group Meeting 7:30-9:00 PM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8 Support Group Mtg 0730-9:00pm	9	10	11
12	13	14	15	16	17	18
19	20	21	22 Support Group Mtg 0730-9:00pm	23	24	25
26	27	28	29	30	31	

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November 2008

November 2008-Events

Support Group Meetings are held on the Second and Fourth Wednesdays of each month at the

Sutter Center for Psychiatry
7700 Folsom Blvd.
Sacramento, CA 95826

Meetings are free

Dates to Remember:

Wednesday, November 12th

Support Group Meeting 7:30-9:00 PM

Wednesday, November 26th

Support Group Meeting 7:30-9:00 PM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12 Support Group Mtg 0730-9:00pm	13	14	15
16	17	18	19	20	21	22
23	24	25	26 Support Group Mtg 0730-9:00pm	27	28	29
30						

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December 2008

December 2008-Events

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Sutter Center for Psychiatry
7700 Folsom Blvd.
Sacramento, CA 95826

Meetings are free

Dates to Remember:

Wednesday, December 10

Support Group Meeting 7:30-9:00 PM

Wednesday, December 24

Support Group Meeting 7:30-9:00 PM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10 Support Group Mtg 0730-9:00pm	11	12	13
14	15	16	17	18	19	20
21	22	23	24 Support Group Mtg 0730-9:00pm	25	26	27
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January 2009

January 2009-Events

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Sutter Center for Psychiatry
7700 Folsom Blvd.
Sacramento, CA 95826

Meetings are free

Dates to Remember:

Wednesday, December 7

Support Group Meeting 7:30-9:00 PM

Wednesday, December 21

Support Group Meeting 7:30-9:00 PM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
			7 Support Group Mtg 0730-9:00pm	8	9	10
11	12	13	14	15	16	17
18	19	20	21 Support Group Mtg 0730-9:00pm	22	23	24
25	26	27	28	29	30	31

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