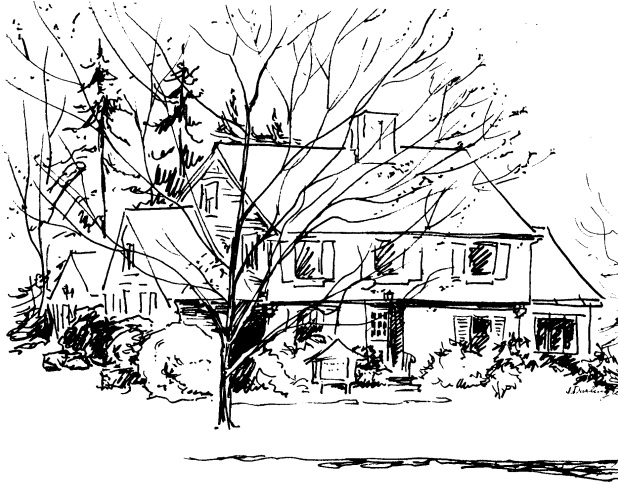


# HEED MAY 2009



You're alive. Do something. The directive in life, the moral imperative was so uncomplicated. It could be expressed in single words, not complete sentences. It sounded like this: Look. Listen. Choose. Act.

Barbara Hall

## UPCOMING SERVICES

May 10	Reverend Edwin Lynn	The Wit and Wisdom of Erma Bombeck
May 17	Dr. Mitch Pivor	Challenges in Health Today: A Pediatrician's Perspective
May 24	Fellowship Picnic Details in the Calendar	

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## ON THE CALENDER

May 11	Board Meeting	7:30 pm
May 12	Fellowship before Zoning Board, Durham Town Hall	7 pm
May 15	Fellowship Annual Meeting	7 pm
May 24	Fellowship Picnic	11 am
Dottie Oliver and Larry Vogelmann's home, 22 Cedar Point Road. Bring food to share; the grill will be working		
June 10	The Fellowship Building Plan before the Durham Planning Board	7 pm

## END OF YEAR REPORT

This program year, the Program Committee received tremendous help from the Fellowship membership. The Green Sanctuary Committee led by John Macri did two programs. Betty Nordgren and Nick Isaak got us all excited about our new building. Julianna Macri and Kate Clark shared their experiences in Nepal, Betty Crepeau did three programs for us. Tom Pistole got us all to sing, and Susan Bullivant had the program committee's worst nightmare happen when the speaker cancelled three days before her Sunday program. Susan did a wonderful last-minute job leading a meditation, and having us all share childhood experiences in nature. Carmen Buford Paige and Susan Bullivant helped us to discuss the fiftieth year of the Fellowship's existence. Michael O'Sullivan informed us about the Dover Garrison. Larry Vogelmann taught us that death is different. Those of us who attended Malcolm Smith's program on anger will not forget it. Marjorie Wolfson organized and led the Christmas program.

Mitch Pivor will share his expertise with us on the last program of the year. Three programs were cancelled this year because of snow; yet, we still leave the program year better informed about our earth, immigrants, Palestine and have listened to beautiful music provided by Matthew Myers, and Amare Contare, led by Margaret McKenna's daughter Kitty. Certainly our programs would be sorely deficient without the audio help we receive each Sunday from Sarge Legard, Carmen's beautiful music, and Maria, when Carmen is not there. Thanks go to John Macri and Jim Zembruski for keeping the message board outside up-to-date. A very big thanks to all the Fellowship members who speak out and share each Sunday making the programs at the Durham

Fellowship a very unique and special experience.

Respectfully submitted by Dottie Oliver, Program Chair

## FROM YOUR FAIR CHAIR

Our next Holiday Fair is just seven months away! (First Saturday in December). It may seem early, but I'd like to remind everyone before the summer break to keep by any unwanted gifts, unused items or 'gently used' things which could be sold at our Fair. (We'll let you know when you may bring them to Fellowship for sorting and pricing closer to Fair Day.)

The charities which we support with money made at the Fair will thank you, and to those of you who haven't been involved before, it's a fun event: please plan to come and take part.

So: please keep in mind our Fair,  
Of the date please be aware;  
Show us you care:  
Save items to share, and  
Give your ideas to the Chair -  
- Chris Rodgers

## SPINACH BALLS RECIPE

*For April 5 snacks I took spinach balls which received a few comments or requests for the recipe. The author is Ernie Schori, a former Swiss Army chef who now volunteers at the Mount Washington Observatory and likes to cook with cheese.*

### Ingredients

2 pkgs frozen chopped spinach, thawed and drained  
1/2 cup shredded Parmesan  
1/4 cup shredded Provolone  
1 cup Pepperidge Farm stuffing  
1 cup Italian bread crumbs  
2 chopped onions  
2 cloves garlic, run through press  
1 stick butter, melted

### Directions

*Mix all ingredients. If too stiff add milk; if too thin, add more breadcrumbs. Use a melon baler to form balls. Put on cookie sheet, bake at 350F until golden brown, 20-30 minutes*

# YEAR END OPERATING BUDGET REPORT

## Year End Operating Budget Report

July 1, 2008 through April 26, 2009

April 26, 2009

Category	FY 08-09 Oper. Fund Budget	Actual as of 27-Apr-09	Estimated 30-Jun-09	Proposed FY 09-10 Oper. Fund Budget
<b>INCOME</b>				
Bank Interest	5	8	9	5
Donations	19,485	12,381	14,000	30,826
From Savings (borrow)	0		0	
Fund Raisers	1,500	663	663	1,500
NHCLF Interest	325	75	325	325
Plate	200	352	400	500
Tenant Electricity	2,160	1,600	1,920	
Tenant Rent	15,030	12,525	15,030	
Use of House	2,500	3,345	3,550	3,500
<b>TOTAL INCOME</b>	<b>\$41,205</b>	<b>\$30,949</b>	<b>\$35,897</b>	<b>\$36,656</b>
<b>EXPENSES</b>				
<b>Administration:</b>				
Administration	650	60	100	300
Head	650	564	650	700
<b>Total Administration</b>	<b>1,300</b>	<b>624</b>	<b>750</b>	<b>1,000</b>
<b>Denom Affairs:</b>				
Conference Expense	1,000	777	1,000	1,000
Northern NE District Dues*	833	867	867	900
UUA Dues	2,650	2,570	2,856	3,000
Other (Association Sunday)		190	190	
<b>Total Denom Affairs</b>	<b>4,483</b>	<b>4,404</b>	<b>4,913</b>	<b>4,900</b>
DRE Expenses	1,500	1,225	1,400	1,500
Green Sanctuary Program	200			200
<b>House:</b>				
Cleaning	3,800	2,850	3,425	3,800
Electricity	3,600	2,688	3,294	2,300
Insurance	1,868	-45	1,868	2,000
Landscape Project				
Lawn	400	200	400	400
Maintenance DUUF	2,000	679	1,000	2,000
Maintenance Tenant	400	12	12	
New Furnishings				
Oil	4,500	3,462	3,462	3,000
Sign				
Snow	4,000	3,515	3,515	3,500
Supplies	400	53	60	200
Taxes	3,064	1,500	3,064	3,156
Telephone	380	314	375	380
Water	160	89.66	160	170
<b>Total House</b>	<b>24,572</b>	<b>15,317</b>	<b>20,635</b>	<b>20,906</b>
Payments to Bldg. Cont. & Maint. Fund	1,000	1,000	1,000	
Payments to Nest Egg Fund	0			
Payments to DRE Endowment Fund	0			
Payments to Piers/Hobby RE Fund	0			
Payments to Special Projects Fund	0			
Loan Payments	0			
Membership Program	250			250
Program	3,000	2,179	2,479	3,000
Religious Exploration	2,200	1,018	1,100	2,200
Social Action**	1,200	900	1,200	1,200
University Relations	1,000	500	500	1,000
Socials	500	201	250	500
<b>TOTAL EXPENSES</b>	<b>\$41,205</b>	<b>\$27,367</b>	<b>\$34,227</b>	<b>36,656</b>
Surplus or Deficit:	<b>\$0</b>	<b>\$3,582</b>	<b>\$1,670</b>	<b>0</b>

\* Formerly NH-VT District Dues

## SOCIALS COMMITTEE 08/09 REPORT

The work of the socials committee was a success this year, thanks to everyone who brought food and helped clean up and set up. This is a good example of "many hands make light work." We especially want to thank the Nordgrens for hosting the circle dinner and making eggs for Easter breakfast, as well as Dottie and Larry for hosting the Winter Solstice Party and the Memorial Day potluck picnic.

Dawn Meredith and Karen Haslerud

## TREASURER'S REPORT

Thanks to the cooperation of the Snow God and the good work of some frugal committee chairs it appears we may end the year in the black. The accompanying Year End Operating Budget Report has four columns, the budget for this year, our actual expenditures as of today (April 26), my guesses for year's end, and a proposed budget. A quick examination will show that we are unlikely to meet our budgeted donation level, which is a concern for next year. But our expenditures are not likely to be as high as originally projected either, so we will no doubt make it through the year in good shape.

In view of the uncertainties connected with the construction of the new space, the proposed budget for next year may well turn out to be a work of fiction, and I look forward to the discussions at the upcoming Annual Meeting when we must agree on what the budget actually will be. Two items in particular deserve your attention. Firstly, because of the construction next year we can not count on the rental income, which has helped to make our past budget discussions so amicable. Because it will not be possible to keep our tenants during construction, your treasurer's worst nightmare has been realized. Secondly, to arrive at a balanced budget our donations must reach \$30,800. This is \$11,300 more than was budgeted last year and more than double what was actually raised this year.

The Fellowship has had a very interesting fifty year history, and it looks as if the next fifty begins no less so.

## OUR RE TEACHERS

Jen grew up in western Massachusetts. She graduated from Amherst College with a double major in physics and English. After graduating she moved to the New Hampshire seacoast, and now lives in Durham. She has been working as a software developer for 15 years, and is currently employed by Liberty Mutual in Dover. Jen was raised Catholic and, after many years of no religious affiliation, joined DUUF with her family in 2004. She has three daughters, ages 7, 5, and 19 months. Jen is a volunteer mentor/discussion course leader with the Granite Earth Institute, which promotes sustainable living at an individual level, and helped found a Green Team at her workplace. In her (very limited) spare time, Jen likes to read, knit, and scrapbook.

## ABOUT THE SPEAKERS

May 10

Reverend Edwin Lynn served as minister to the Northshore Unitarian Universalist Church in Danvers, Massachusetts from 1972 until his retirement in 2005.

May 17

Mitch Pivor is a community pediatrician at Lilac City Pediatrics in Rochester NH. He will be speaking on challenges in health care for today and predictions for tomorrow. Mitch has been practicing pediatrics for over 20 years in different settings. This has included practicing in large groups as an employee physician and now in a small practice as a private practice physician. His perspective can be quoted as "What we think we know is right today will probably be absolutely wrong tomorrow"

# MEMBERSHIP COMMITTEE

We've had many new faces at DUUF since September. Thirty four people signed the guest book - and that doesn't include all the beautiful new children and babies we see every Sunday.

Eleven people have signed the membership book this year:

\* Brett and Stephanie Gibson

\* Ken Mitchell and Rene Mercier

\* Malcolm and Karen Smith

\* Nick and Maria Isaak

\* Jim and Kim Nute

\* Rena Staigers

There will be a welcoming / recognition of new members and families at the May 10<sup>th</sup> Sunday Service.

Thanks to everyone who extended themselves to our members who had losses and health challenges over the past eight months. This year's theme leaned heavily toward the 'replacement of body parts.' Emergency hospitalizations, chemo and radiation therapy, and the death of close family members were on the list as well. I'm happy to report that at this moment we enjoy reasonably good health and fortune as a member body.

A reminder to everyone that first-time visitors will be wearing a name tag with a colored star in one corner - our signal to make them feel seen and welcome!

I will continue to chair this committee for the coming year and request that you contact me with information about personal issues of health, loss etc. - either for yourself and family or for others in our DUUF community.

Edna O'Sullivan

## Durham Unitarian Universalist Fellowship

### Mission Statement

The real test of our religion is the way we live our lives. The Durham Unitarian Universalist Fellowship affirms the seven principles of Unitarian Universalism.

We seek to be a place in which each person's unique worth and beliefs are acknowledged and respected and where each person's voice may be heard - a place in which each may freely explore his or her own spiritual path.

We join with others in reaching out to make the world more just, and commit ourselves to caring for the earth and all that makes up the web of life.

We strive to be a source of inspiration, a forum for intellectual exchange, a wellspring of comfort to those in need, and a nurturing, supportive community for each other and our children.

*Newsletter of the  
Durham Unitarian Universalist Fellowship  
30 Madbury Road  
Durham, NH 03824  
Website: [www.duuf.net](http://www.duuf.net)*