

QUEST PROTECTORS:

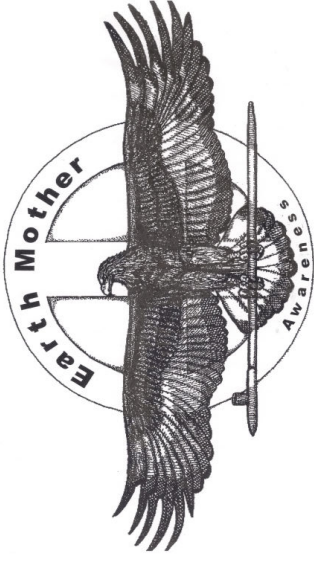
Medicine Hawk is a Muscogean (Creek) from the Poarch Band in Atmore, Alabama. He is a Pipe-Keeper, Teacher and Student of the ways of Grandfather Stalking Wolf (A Lipan Apache Elder, now deceased). Medicine Hawk has, for the past 35 years, been a student, an apprentice, a practicing teacher, and a scholar in the ways of Native People. He has studied for the past 17 years directly under Tom Brown, Jr., founder of Tom Brown's Tracking, Nature and Wilderness Survival School. These studies have included the ways of



the Purification Lodge, the Sacred Pipe and the Vision Quest as handed down by Grandfather and his lineage.

Mary Ann McClellan (Looks Within Woman) is co-founder of Earth Mother Awareness. She received Quest Protector Training through Earth Heart in 2001. For the past 17 years she has studied under Tom Brown, Jr., learning Wilderness, Healing and Herbal skills as passed down from Grandfather Stalking Wolf. Further studies include training with Indigenous Elders, Native Medicine Women and Herbalists. Her personal Vision Quest experiences have directed her to awaken women to the ancient mysteries and wisdom alive within their bodies. She currently works with the founder and director of the International Indigenous Grandmothers Society.

Earth Mother Awareness
77044 Robinson Road
Folsom, LA 70437



LIVING IN
HARMONY AND BALANCE
WITH
EARTH MOTHER

“Sitting four days alone in the wilderness, the mind is stilled, purified of all distraction”
~ Stalking Wolf ~

The Vision Quest

The traditional Vision Quest is a practice evolved by indigenous societies world wide. The people of these societies understood that for their culture to remain vital, each member must breathe inspiration from their own inner vision, and act from their soul's purpose in life. The Quest opened the participants heart to this inner "knowing", and helped them apply it in everyday life.

Earth Mother Awareness offers a traditional four day wilderness Vision Quest in the tradition passed down from Grandfather Stalking Wolf. The Quest directs you toward discovery of your own inner vision and strength qualities that are as pertinent to life today as when this ancient practice first evolved.

During the Vision Quest experience we turn to the wilderness in search of a less distracted, "purified" state of mind and being. The cleansing of the everyday is the heart of the Quest experience. The mind is stilled, purified of all distractions, and we experience our true Self, often for the first time. Insights emerge naturally, and freed from artificial limitations, new decisions can be made. True happiness is found in the light of knowing one's self and sensing one's purpose in life.

The full four day Quest requires a fast from everything except water.* To further minimize distractions and to heighten awareness of the spiritual dimensions, each Quester is alone in the Quest circle for the entire four days and nights. The final days of the week allow for recovery from the rigors of the quest and for re-entry into the company of others.

The Quest staff encourages each individual to explore and reflect on what was received in the Quest circle. Ways are discussed to carry this process and its insights back into the midst of daily life.

We strive to create for participants the basic experience of Questing as it was, and still is, practiced by many cultures worldwide today. Because of the physical demands and the isolation of each Quester, it is often a very challenging experience, pushing the limits of body, mind, emotions and spirit.

Earth Mother Awareness was founded in 1993. It arose out of a vision by Medicine Hawk which revealed to him that the teaching of humankind's interconnectedness to the rest of creation is one of the few solutions remaining for the personal and global problems facing us all.

The Quest Week

Most people come to their first Vision Quest burdened with unrealistic assumptions and expectations about the Quest experience; therefore, the first two days of the week are spent with the Quest staff working intensively to identify and remove these obstacles. Ideally, the Quester should enter the Quest circle innocently, wholly open to what will occur.

*Each Quester must consult with their physician before attempting the fast. Exceptions are made when warranted by medical conditions.

For additional information, please write or call:

Medicine Hawk

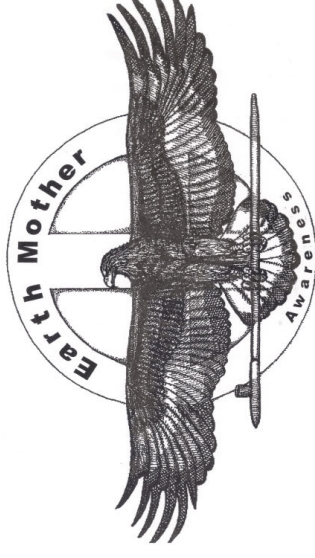
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www.earthmotherawareness.com



.... In the beautiful pinelands of southern Louisiana

Quest Dates:

Upon request and consultation

NOTE: Application deadline for each program is 14 days prior to the first day of the program. If unable to meet this deadline, please call the number above to inquire about attending.

A donation of \$450 is necessary to cover operating expenses and the logistics of running the Vision Quest program. At no time is there a charge for any teaching or ceremony.

Along with your application and \$150 nonrefundable deposit, please attach a letter describing your reason or goals for engaging in Vision Quest.

(NOTE: deposit is transferable one time to another date if you are unable to attend a class that you have signed up for.)