



NEW HOPE WELLNESS CENTER

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Moving to
Alexandria, VA

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Hours - by appointment only



What is homeopathy?

Homeopathy is a system of health care developed in Germany over 200 years ago. In the past two centuries this completely safe and non-toxic system has thrived in the UK, India and much of Europe. It was also popular here in the USA until early in this century and it is now rapidly re-emerging. Homeopathy stimulates the body's own healing force and allows patients to heal themselves naturally. Most homeopathic remedies are made from plants, minerals or animal products. Substances are diluted so highly that the resulting remedy, after its preparation, has few or no molecules of the original substance left. This process of dilution and succussion, known as potentization, allows the remedy to work on a purely energetic level, which is why the changes that occur are so deep and powerful.

What to expect in the interview

The classical homeopathic consultation involves a 75 minute detailed patient interview. During the interview, the homeopath collects physical, mental and emotional symptoms indicative of the patient's underlying energetic imbalance. This allows for the individualization necessary for selection of the precise homeopathic remedy. When homeopathy is conducted in a truly classical manner, it does not treat symptoms; it addresses a person's constitutional weakness. As this imbalance heals, symptoms become unnecessary and begin to fall away.

Telephone appointments - The initial homeopathic interview, as well as all subsequent appointments, can be conducted over the telephone. A significant percentage of our practice comes from all parts of the country and even overseas.

What to expect from the remedy

The healing process is gentle, yet dramatically comprehensive. Classical homeopaths do not seek to treat symptoms or diseases, but rather to strengthen the patient's vital force. This enhanced vitality can lead to many diverse improvements in overall physical, mental and emotional health. Many patients find that, with the vital force strengthened, they can now cure themselves of all sorts of conditions, diseases, etc., even many that were conventionally considered to be incurable. There is no limit to the possible conditions that can benefit from homeopathic care because homeopathy treats people, not symptoms, conditions or diseases. While the healing process of each person is as unique as they are, there are some common improvements that are common to many homeopathic patients. For instance, patients frequently report improvements in memory and concentration, increased energy and endurance, reduced levels of stress and marked resistance to colds and flus. Another common result is increased will power: homeopathic patients often find themselves making healthier choices after starting their remedy.