

CSA Creates Share Designed for Gardeners

Good news for gardeners who want to be part of the Forbidden Fruit Farm CSA. We have created a specially designed share with you in mind!

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Several of the original Forbidden Fruit Farm CSA members were inspired to take their experience of “eating local” to the next step by starting home gardens. While this has been very gratifying for them, folks keep telling FFF owner Barbara Purdy that they miss the “community” part of the CSA, as well the variety of produce and fruit they got in the CSA. So Barbara came up with the idea of a “Gardener’s Share” that excludes many home garden crops, but includes the extended season crops and member-prepared pantry foods. Gardener Share members will come to the farm for their weekly basket from April – December. ~36 weeks. Here are the details of what is included and omitted.

A Gardener’s Share includes:

Fruit: raspberries, blackberries, currants, gooseberries, apples, peaches, Asian Pears

Root Crops: fingerling potatoes, celeriac, kohlrabi, turnips, carrots, fennel, parsnips

Alliums: onions, garlic, shallots

Corn:

Fall Greens: mixed salad greens, kale, spinach

Member Prepared Frozen Products: corn, beans, tomato sauce, pesto etc.

The Gardener’s Share does not include:

Legumes: Peas, pole beans

Squash: summer squash, cucumbers, winter squash

Tomatoes: heirloom, cherry

Herbs or Flowers

Gardner’s Share members participate in 4 work parties over the season. The cost of this share is \$750. It can be paid in six or eight installments. See enrollment form or contact us for more information.

Checks should be made payable to:

Forbidden Fruit Farm
307 Rock O’Dundee Rd
South Dartmouth, MA 02748

Email questions to:

forbiddenfruitfarm@comcast.net



Membership Form

Forbidden Fruit Farm CSA is planning on growing food for you and your family beginning distributions in April and running through December. Pick up day will be Thursday from 3:00 – 7:00 pm.

In joining the **CSA** you are agreeing to share the risk and the rewards with Chip and Rennie Higgins who are growing this year with help from Barbara Purdy. Every year the CSA has given its members 10-20% more retail value than the share price, but this is not a guarantee. CSA membership includes a work commitment of participating in 4-5 work parties (3 hrs each) during the season. A schedule is posted early in the season so you can plan accordingly. All CSA communication is done by email and the web. If you change your email address, please let us know.

2009 Membership Rates

The price of our CSA shares cover a long season, starting in April and ending in December. The average family of four spends around \$225 per week on groceries **Your CSA share on a weekly basis is about \$35.** Being part of the CSA won't end your trips to the grocery store, but it will dramatically alter how your food dollars are spent.

Share Types	Plan A 6 payments	Plan B 8 payments
Family Share \$1200	<input type="checkbox"/> \$200	<input type="checkbox"/> \$150
Senior/Single \$675	<input type="checkbox"/> \$112.5	<input type="checkbox"/> \$84.35
Gardener's Share \$750	<input type="checkbox"/> \$125	<input type="checkbox"/> \$93.75
Flower Share <input type="checkbox"/> \$150		

Please enroll me in the shares I have checked above:

The first installment payment is due with enrollment. Subsequent payments are due on the 15th of each month until paid in full.

First Installment _____

Flower Share _____

**Opt Out Fee _____

Total _____

Name _____

Email _____

Phone _____

Address _____

City,St Zip _____

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Forbidden Fruit Farm and mailed to:
307 Rock O Dundee Rd,
South Dartmouth, MA 02748*