

# Fairwood Fact Sheet

**Midlakes Division II – B Champs**  
**Sunday, July 19, 2009**  
**Samena Pool**  
**15231 Lake Hills Blvd, Bellevue**  
**425-746-1160**

**Arrival – please arrive no later than 7am so your child is ready for warm-ups at 7:15am.**

**Warm ups** – Fairwood will be warming up in lane 1 in both the indoor and outdoor pools from **7:15 to 8am.**

**Parking** – Parking is limited, so we encourage Carpooling – we recommend you meet at Fairwood and carpool to Samena.

**Team Areas** – Teams will be setting up behind Samena on the grass area. The bleachers on the West side of the pool deck will provide short-term spectator seating. We will reserve a section for Fairwood so that parents can rotate in and out as their children swim. Please do not set up on the pool deck. Those who arrive early – let's work together to stake out a spot for the Fairwood team so we can sit together as much as possible.

**Restrooms:** Please use the bathrooms in the girls/boys locker rooms inside the building where the indoor pool is located. Please do not use the facilities inside the front office area.

**Heat Sheets** – heat sheets will be available for purchase for \$3.

**T-Shirts** – Midlakes t-shirts will be sold on site.

**Concessions** – Breakfast will be available from 7 to 10:30am and lunch from 11 to 2. This is CASH ONLY.

**Volunteers** – for those who have volunteered, (we will send an email to you individually with your assignment and time), you need to proceed to the check in table and receive a name tag. All timers and judges have to be at the meeting at 8am, even if you are scheduled to work a later shift.

## Meet Schedule

Time	Event
7am	Breakfast Concessions Open
7am	Heat sheets & T-shirt Booth opens
7:15am	Warm up Begins (Lane 1, indoor and outdoor pools)
7:45am	Coaches Meeting (kiddie pool area)
8:00am	Timers and Judges Meeting <b>These are required for ALL timers and judges, even later shifts</b>
8:00am	Staging area volunteers report to staging area
8:00am	First Shift Timers, Runners and Judges
8:10am	First call for Event 1 – girls 8 and under medley relay
8:25am	National Anthem
8:30am	Meet Begins
10:30am	Second Shift Timers, Runners and Judges
11am	Lunch Concessions Open
1:00pm	Third Shift Timers, Runners and Judges

**Meet Survival Tips**

As you can see, this is an event that lasts *all day*. It is run just like a regular meet (i.e. same events, in the same order), but with *many* more heats, so it takes a lot longer. Plan to be there all day. If you have portable awnings we would encourage you to bring them to provide shade. It looks like the weather will be clear and sunny with highs in the upper 70's.

You will need chairs, snacks, lots of water/sport drinks for you and your swimmers, and things to do. Since this is also a long day for your children, we would encourage a good dinner and early bedtime the night before. You will also need to make sure you bring things for them to do like games, cards, books, etc.

**Questions** – ask your friends who have experienced B Champs in the past. They are likely the best source of information! Please feel free to email your parent reps at [swimfb@comcast.net](mailto:swimfb@comcast.net) with questions, suggestions, etc.