

THE CATALYST

News and information about the
Los Gatos Bicycle Racing Club

September 2003

URL: <http://www.lgbrc.org>
e-mail: lgbrc@topica.com



Jeff Tse Photographs the Tour de France

*Stage 19, 2003 Tour de France -
Nantes, France.*

The most exciting Tour de France since 1989 was coming down to this last day. Lance, the defending champion leads by a little over a minute to Jan Ullrich. As if the drama wasn't enough, a massive rainstorm definitely made for a dramatic day. With the rain and winds, all hope of a colorful time trial photo in the beautiful French countryside was all but ruined. With pretty bad light to work with, I knew that I had to depend on the flash to provide me with some color. We found a spot underneath some shade and away from too many fans and began taking some test shots.

The best thing about photographing at a time trial is that the riders that matter goes last. So you have plenty of opportunities to practice and get to the shot you want by the time the big names roll around. By the time Lance was coming by, I knew what I needed to do to get a good shot. But I still needed everything to come together and work

right. As he went by and my shutter clicked, I was a little nervous to look at my camera LCD. Fortunately, I got the good shot on the right guy. This photo is one of my favorites and one that I am happy to show.

-Jeff Tse



LGBRC Crew Sails Among Whales

by Garrett Lau

Joy Shaffer's annual LGBRC whale sail was an unforgettable adventure for the 7 crew members: Joy, her sister Mary, Neil Gift, his wife Erlin, Shanti Amagasu, Friedrich Wilhelm-Drees, and myself.

After Shanti spotted a pod of a dozen whales, Joy maneuvered the boat among the whales while Neil and I took pictures. Neil would often shout, "Joy, too close!" He wasn't joking. With our long lenses, the whale tails wouldn't fit in our frames.

Finally, one of the whales gave its version of shouting "too close" by slapping the boat with its tail. We got the message and sailed away.

When Joy took a break, Neil took over. Neil's sailboat racing experience showed as he was able to run circles around the next pair of whales we saw, doing all sorts of things with the sails while Shanti steered.

We had smooth sailing on the way back to Santa Cruz harbor.

Inside: T-Mobile International Press Kit, prepared by Jamie Fenimore

Race Results

Davis Criterium

July 4, 2003

Women 1/2/3: Sandra Kolb, 2nd; Taitt Sato, 15th; Eryn Hanna, 20th; Starr Falk, 22nd; Katheryn Curi, 26th
Senior 3: Ryan Wong, 5th; David Keefer, 18th; Paul Mircik, 22nd
Senior 4/5: John Sevic, 36th; David Puglia, 61st; Mark Kurashige, 63rd

Santa Nella Road Race

July 13, 2003

Senior 3: Ryan Wong, 14th; David Keefer, 18th; Paul Mircik, 22nd
M35+ 4/5: Mark Kurashige, 2nd

Watsonville Criterium

July 19, 2003

Pro/1/2: Dennis Hopp, 21st; Wylie Palmer
Senior 3: Ryan Wong, 1st; Paul Mircik
Senior 4: Greg Juneau, 8th; John Sevic, 21st; Thomas Dittman; Steven Woo; David Puglia
Women: Starr Falk, 6th; Joy Shaffer, 7th; Taitt Sato, 12th; Jen Whatley

Albany Criterium

July 20, 2003

Pro/1/2: Dennis Hopp, 25th
Senior 3: Ryan Wong, 15th; Paul Mircik, 37th
Women 4: Dawn Tisdell, 13th
Women 3: Starr Falk, 2nd
Women 1/2: Taitt Sato, 6th; Jen Whatley, 8th
Juniors 13-14: Daniel Tisdell, 7th

Minden Criterium

July 26, 2003

Pro/1/2: Richard Pego, 12th

NCNCA Masters Road Race Championship (Diamond Valley)

July 27, 2003

M30+: Richard Pego, 3rd

The International Altoona, Pennsylvania

July 28 - August 3, 2003

Elite Women: Katheryn Curi, 9th

NCNCA Track Championships

July 25-27, 2003

Men Keirin: Giovanni Rey, 2nd
Sr. Men Sprint: Giovanni Rey, 2nd
Men 35-39 Kilometer TT: Brian Ferrario, 4th; Steven Woo, 5th
Sr. Women 500m: Joy Shaffer, 4th
Women 45-49 500m: Joy Shaffer, 1st
Sr. Women 3km: Taitt Sato, 3rd
Men 35-39 3km: Brian Ferrario, 3rd
Women 30-34 3km: Taitt Sato, 1st
Women 45-49 2km : Joy Shaffer, 1st
Sr. Men Team Sprint: Dean Haraguchi, Giovanni Rey, James Hibbard, 2nd; Jim Ryan, Reno Garcia, Matt Mosby, 5th
Sr. Women Team Sprint: Taitt Sato, Eryn Hanna, Starr Falk, 3rd
Women 100+ Team Sprint: Jen Whatley, Maria Deason, Joy Shaffer, 1st
Sr. Women Team Pursuit: Taitt Sato, Jen Whatley, Eryn Hanna, Maria Deason, 2nd

Timpani Criterium

August 3, 2003

Pro/1/2: Jon Erskine, 25th; Kalen Gruber, 29th; Richard Pego, 32nd; Carl Hekkert, 35th
Senior 3: Paul Mircik, 22nd
Senior 4: Thomas Dittman, 34th; David Puglia, 47th; John Sevic, 71st
M30+ 1/2/3: Kalen Gruber, 13th; Carl Hekkert, 18th; Jon Erskine, 19th; Mark Kandola, 34th; Dennis Hopp, 47th
M30+3/4/5: Greg Juneau, 7th; Steven

Woo, 42nd; Darrel Brokesoulder, 53rd

Women 1/2/3: Jen Whatley, 5th; Taitt Sato, 9th

Women 3/4: Dawn Tisdell, 38th

Junior Boys 13-15: James Ryan, 1st; Ben Barsi-Rhyne, 2nd; Daniel Tisdell, 5th

Junior Girls 13-15: Dawn Tisdell, 2nd

USCF Masters National Road Championships

Louisville, Kentucky

August 4-9, 2003

Women 35-39: Sandra Kolb, Best All Around Rider (Time Trial, 3rd; Criterium, 3rd; Road Race, 2nd)

NCNCA Road Race

Championship (Fort Ord)

August 9, 2003

Pro/1/2: Richard Pego, 15th
Women 1/2/3: Katheryn Curi, 4th; Starr Falk, 15th

Corral Hollow Road Race

August 16, 2003

Senior 5: Brent Bellm, 8th

Women 1/2/3: Taitt Sato, 10th; Starr Falk, 14th

Suisun Harbor Criterium

August 17, 2003

Senior 3: Ryan Wong, 8th

M35+3/4/5: John Sevic, 8th



Timpani at the Timpani Criterium. Photo by Garrett Lau.

Los Gatos Bicycle Racing Club

c/o Jamie Fenimore
839 14th Avenue
Menlo Park, CA 94025

News Release

Contact:

Jamie Fenimore (650) 813-5358
Cel: (415) 309-9947
jpfenimore@excite.com

2002 WOMEN'S AMATEUR CYCLING "CLUB OF THE YEAR" TO COMPETE IN 2003 T-MOBILE INTERNATIONAL***Los Gatos Bicycle Racing Club Joins Pro Lineup at San Francisco's Largest and Most Popular Sporting Event***

LOS GATOS, Calif. – August 22, 2003 – The Los Gatos Bicycle Racing Club (LGBRC) is pleased to announce that its elite women's road racing team, which was named Division 1 Club of the Year in 2002 by USA Cycling and the United States Cycling Federation (USCF), will compete in this year's T-Mobile International to be held in San Francisco on Sunday, September 14.

Formerly known as the San Francisco Grand Prix presented by BMC Software, the cycling event is now officially named the "T-MOBILE INTERNATIONAL, presented by BMC Software," and is believed to be San Francisco's largest and most popular sporting event. Race organizers announced in May that a professional international women's race would be added to the day's schedule and will be held at 7:30 AM just prior to the men's race.

Racing for LGBRC are: Katheryn Curi of Danville, CA; Starr Falk of Pleasanton, CA; Sandra Kolb of North Hollywood, CA; Taitt Sato of Oakland, CA; Joy Shaffer of Cupertino, CA; and Jen Whatley of Alameda, CA. Riding as guests on the Los Gatos team are Anna Milkowski of East Chatham, NY and Sherri Stedje of Tampa, Fla.

"We are thrilled to be participating," said the LGBRC women's team captain Sandra Kolb. "The economy has hit women's cycling hard and many of the world-class professional cycling events for women have lost funding over the past few years. We are thankful to T-Mobile, Tailwind and Threshold for making this incredible event available to both women and men this year. The visibility that this race brings to women's cycling simply cannot be overstated."

[more]

2002 Women's "Club of the Year" to Compete in 2003 T-Mobile International

Page 2

Although the LGBRC is currently without a title sponsor, that has not dampened their enthusiasm or their racing success. Overall, the Los Gatos team has earned more than 50 victories, 35+ second-place finishes, 25+ third-place finishes, and more than 150 top ten finishes during the current racing season.

About the Los Gatos Bicycle Racing Club

The LGBRC is a 501 C7 non-profit (Federal) and a 501 C3 non-profit charitable (State) corporation. A highly competitive amateur cycling team, two US Olympians, Bob Tetzlaff and Jack Hartman founded the club in 1960. The LGBRC is one of the dominant driving forces in the Northern California racing community. In the club's 40+ years, ten LGBRC members have raced in the Olympics (three in 1996 alone!), four have become World Champions, many have become US National Champions and several have joined the professional cycling ranks.

The LGBRC encourages membership from active cyclists who are motivated to undertake the rigors and discipline of one of the world's most demanding sports. Members participate in regional races; state, national and world championships; national points series; national and international stage races; and the Olympics, in all cycling disciplines – road, track, mountain biking and cyclocross. The LGBRC strives to support as many racers as possible, regardless of age, gender or skill level, in their personal cycling goals. For more information about the Los Gatos Bicycle Racing Club and club sponsors, visit our web site at www.lgbrc.org. For more information about the T-Mobile International please visit <http://www.sanfrancycling.com/info.asp>.

Note: Hi resolution photos and rider interviews available upon request.

[end]

LGBRC History

The Los Gatos Bicycle Racing Club (LGBRC) was founded by 1960 Rome Olympic team members Bob Tetzlaff and Jack Hartman in 1960 as a developmental racing and training club. Traditionally a closely-knit club, the LGBRC is one of the most successful amateur bicycle racing clubs in the US. The US Cycling Federation named the LGBRC Regional Club of the Year in 1996 and Club of the Year – Division 1 (largest clubs) – Women in 2003. In addition to 1960 Rome Olympians Tetzlaff and Hartman, LGBRC members have represented the US in the 1968 Mexico City (Rob Parsons), 1976 Montreal (Fred Markham, Joe Saunders), 1984 Los Angeles (Chris Huber), 1988 Seoul (Craig Schommer) and 1996 Atlanta (Don Myrah) Olympics. Two other former LGBRC members, Anders Wickholm and Maureen Kaila Vengara, also represented Sweden and El Salvador, respectively, in the 1996 Olympics. Bob “King of the Road” Tezloff was inducted into the US Bicycling Hall of Fame in May 2003.

LGBRC junior, women, senior and master members have won numerous California, National and World Championships in road, track, cyclocross and mountain bike racing. Several LGBRC members have had very successful professional cycling careers (e.g., Fred Markham, Chris Huber, Craig Schommer, Don Myrah, Maureen Kaila Vengara, Jackson Stewart, John Hygelund, Matt Dubberly, James Hibbard and Lara Ruthven). The LGBRC has also had its share of international racers including former Champion of France Eric Rekkas, Tour of Martinique champion Fabrice Rouinsard, Scandinavian Road Champions Anders and Eric Wickholm, Swedish Criterium Champion Micael Gustafson, Swedish Time Trial Champions Fredrik Andersson and Jörgen Josefsson and Danish National Team member Carsten Jespersen. Many members of the Swedish National Team have raced and trained with the LGBRC.

The LGBRC has promoted and hosted a premier racing event, The Cat’s Hill Criterium bicycle race, for the past 29 years in beautiful downtown Los Gatos during the month of May. The Cat’s Hill race, with its 23% grade hill, is known throughout the internationally cycling community. In fact, three-time world champion and three-time Tour de France winner Greg LeMond considers winning the 1978 Cat’s Hill Criterium one of his fondest memories. The 30th Cat’s Hill Criterium will be held on May 8, 2004. The LGBRC also promotes the lower-key Timpani Criterium every August in Santa Clara.

A positive and proactive Bay Area citizen, the LGBRC promotes cycling at the grass roots level through closely supervised training and education. The club teaches bicycle safety and proper use of helmets at schools and community health fairs. The club’s boys and girls youth race-training program is designed to maximize their potential both on and off the bike. We provide support for the Hellyer Park Velodrome. The LGBRC has also devoted significant time to the town of Los Gatos and is an active member of the Chamber of Commerce. We support local charitable organizations such as Los Gatos Education Foundation (LGEF), public television, Bikes Belong and other various community programs. A portion of the proceeds from the Cat’s Hill Criterium is donated to the LGEF.

Katheryn Curi



USCF Race Category: 1
Height: 5'9"
Weight: 136
Racing Age: 29
Seasons elite road racing: 2
Specialties: Sprinting

Notable race results:

2003 International Tour de Toona: 9th in the general classification, 5th place in stage six
2003 Fitchburg Stage Race: tied for 10th
2003 Solano Classic: 12th place
2003 Redlands Classic: 15th place
2003 Pamona Valley Stage Race: 14th place
2003 Ecology Center Classic: 4th place overall, 2nd in sprint and QOM
2003 Consistent top ten finisher in regional races

Katheryn Curi is a Category One rider in her second season of road racing at the elite level and her first season with the LGBRC.

An east coast native from Goshen, Conn., Katheryn practically grew up outdoors and has competed in a number of sports. While earning her undergraduate degree at Mt. Holyoke College in South Hadley, Mass., she was a competitive rower. While in grad school at the University of Vermont, she transferred her powerful leg strength to a mountain bike and began racing NORBA in 1999. Then, when a mountain biking injury sidelined her in 2001, she took to the road and discovered her strength and abilities worked well there, too.

After earning her MS in counseling in May 2002, Katheryn moved to California to begin racing "in the big leagues." In just two seasons of road racing, Katheryn has achieved an impressive resume.

Katheryn, who now lives in Danville, Calif., is a strong advocate of women's athletics and works part time for Title 9 Sports.

Katheryn's quick success on the road has encouraged her to pursue a professional bike-racing career. Her grueling training schedule leaves her little time for anything else right now, but when she can get a break, you'll want to be around if she's spending it in the kitchen. Katheryn loves to cook. But you'd better be first in line or you might not get any. Katheryn says she also loves to eat.



Starr Falk



USCF Race Category: 2
Height: 5'3"
Weight: 114
Racing Age: 28
Seasons elite road racing: 1
Specialties: Sprinting

Notable race results:

9th Stage 3 Cascade Cycling Classic, Bend Oregon
8th Stage 5 Cascade Cycling Classic, Bend Oregon

Starr Falk is a Category Two rider in her first year of road racing at the elite level, and her first year of racing with LGBRC.

No beginner to competitive cycling, though, she started her bike racing career on a mountain bike in 1999, raced NORBA for three years, then took up road racing in 2002. Although Starr grew up in Kasson, Minn., she and her husband Nathan quit their jobs in the Midwest and moved to Pleasanton, Calif. in December 2002 to pursue their dreams of competitive cycling full-time.

Off the bike, Starr is a personal trainer who enjoys reading and traveling in her free time, and who is proud to claim Nathan as her "biggest supporter and fan."

Starr holds a bachelor's degree in International Management from Hamline University in St. Paul, Minn.



Sandra Kolb

USCF Race Category: 1
Racing Age: 39
Seasons elite road racing: 7
Specialties: All-around rider

Notable race results:

2003 Master Nationals (35-39): Best All-Around Rider; Road Race, Silver Medalist; Time Trial and Criterium, Bronze Medalist

2003 California Regional Races: 1 First Place, 3 Second Places, 5 Third Places

2002 Northern California Masters Time Trial Champion (35-39)

2001 National Elite Time Trial Championship, 10th Place

2000 Hotter n'Hell Hundred Stage Race Champion

2000 District 20 Time Trial Champion

2000 Masters National Time Trial (35-39), Silver Medalist

1999 District 20 Time Trial Champion

1998 District 20 Road Race Champion

1997 District 20 Criterium Champion

Sandra Kolb is a Category One rider who has been racing for Los Gatos for three years.

A driven athlete, Sandra's personal philosophy is that the difference between the impossible and the possible can be found in a person's determination. The amount of success you achieve relies on your ability to take risks and your choice of attitude.

Sandra is a professional bike racer who supports her passion by coaching up-and-coming cyclists and providing personal training services.

Before she began racing in the pro ranks, Sandra served as an Officer in the U.S. Army. She graduated from the United States Military Academy at West Point in 1987, served 10 years in the U.S. Army, nine years as an Officer in the Military Intelligence Corps. She served in Germany, the Gulf War, South Korea and Maryland at the National Security Agency.



Anna Milkowski

USCF Race Category: 1
Height: 5'8"
Weight: 135
Racing Age: 28
Seasons elite road racing: 2
Specialties: All-around rider

Notable race results:

2003 - 29th Tour de Toona GC (Altoona, Penn.)
2003 - 12th Stage 5 Tour de Toona (Altoona, Penn.)
2003 - 16th Stage 7 Tour de Toona (Altoona, Penn.)
2003 - 17th Stage 8 Tour de Toona (Altoona, Penn.)
2003 - 19th Fitchburg-Longsjo Classic GC (Fitchburg, Mass.)
2003 - 1st Northampton Criterium for Equal Access (Northampton, Mass.)
2003 - 1st Capital District Road Race (Albany, NY)
2002 - 24th Tour de Toona GC
2002 - 1st New England Criterium Championship (Ninigret, RI)
2002 - 1st North Atlantic Regional Time Trial Championship (Colebrook, Conn.)

Anna Milkowski is a Category One rider in her first appearance as a guest rider for the Los Gatos Bicycle Racing Club Women's team, although she has been racing at the elite level for two years.

A native and current resident of East Chatham, NY, Anna regularly competes for Gearworks-Spin Arts. She is an accomplished all-around rider who has competed in a variety of sports.

While earning her undergraduate degree from Harvard, Anna competed in crew and skiing on behalf of the University. After college, she took a break from competition to enjoy the pure pleasure of sports but after a few years, began to feel the urge to compete again. Her younger brother, once a racer, guided her into the sport.

For the past four years, Anna has juggled teaching high school biology, and coaching soccer, skiing and cycling at The Putney School in Vermont. Beginning next season, she plans to take a year off from teaching to pursue bike-racing full-time. She will undoubtedly be missed as her "extracurricular" school activities also included serving as an advisor, dorm parent, and novice participant in a chorus.

In the future, Anna hopes to use her bike-racing and teaching experience to tutor and coach up-and-coming cyclists. In addition, Anna says she is interested in politics and may get involved in Election 2004. "I value quirky places and the relationships of small town life," she says.



Taitt Sato



USCF Race Category: 2
Height: 5' 1"
Weight: 105
Racing Age: 31
Seasons elite road racing: 2
Specialties: Sprinting and climbing

Notable race results:

2003 Masters District Individual Pursuit Champion (women 30-35)
2002 Masters National Road Race Champion (women 30-35)
2002 District Team Pursuit Champion

Taitt Sato is a Category Two rider in her third year of racing. She pursued competition after many years of riding recreationally and obtained sufficient points to upgrade to Category 2 in her first year. Taitt especially enjoys criteriums and road races with uphill finishes.

Taitt balances a full career as a sixth year associate practicing transactional law at Latham & Watkins LLP in San Francisco while finding new and creative ways to fit in training at all hours of the morning and night. Another Bay Area native, She grew up in Palo Alto, California but now lives in Oakland after receiving her law degree from UC Berkeley and fleeing the flatlands of her undergraduate years at the University of Chicago.

Digital art and cleaning up after her husband and two cats are activities that keep Taitt busy when she is not pushing gears or papers.



Joy Shaffer



USCF Race Category: 1
Height: 5'11"
Weight: 150
Racing Age: 48
Seasons elite road racing: 5
Specialties: Climbing and sprinting

Titles:

2002 USCF Elite Tandem National Time Trial Champion
2001 USCF Master National Road Champion
2000 UCI World Master Road Champion

Other Elite/Pro Race Results:

2003 Winner Ecology Center Classic Stage Race Criterium, Sprinter Competition
2002 Winner 42nd Annual Mt. Hamilton Classic Road Race
2002 District Team Pursuit Champion
2001 Winner Cal Poly Omnium
2000 Winner Pinole Time Trial, individual

Joy Shaffer is a Category One rider who has been racing at the elite/pro level for more than five years and specializes in climbing and sprinting. As one of Los Gatos' most active members, Joy has served on the Cat's Hill Committee, races avidly for the team, organizes and leads many team rides and mentors new racers.

A native of North Florida, Joy received her first bike as a gift for her 16th birthday in 1971, a Gitane "Tour de France" with Reynolds 531 double-buttet tubing and sew up tires. When she entered her first race, an unsanctioned (public) university campus criterium in 1972, bike racing wasn't even on the map in N. Florida. But she was hooked and began touring extensively throughout the south, became licensed, and began competing in American Bicycle League (ABL) races (the predecessor of USCF). A year after moving to California in 1975, Joy gave up competitive cycling for 21 years as she pursued college, medical school, her career and other interests. Publicity surrounding the 1997 "Low Key Hillclimb" series in the Bay Area, however, drew her back into competitive cycling. Since then, Joy says she has had five solid years of fun racing at the elite level, culminating in a series of impressive race results. She has especially enjoyed stage racing, including competing in the 2001 women's Tour of Switzerland with the Los Gatos team.

Despite the heavy training schedule Joy's race ambitions have required, she maintains a successful medical practice and enjoys sailing, kayaking and scuba diving in her free time.



Sherri Stedje

USCF Race Category: 1

Height: 5'2"

Weight: 128

Racing Age: 38

Seasons elite road racing: 7

Specialties: Team tactics and sprinting

Notable race results:

2003 Masters National Criterium Champion, Louisville, Ky.

2003 Florida State Criterium Champion

2003 Eighth Place Elite National Criterium Champion, Downers Grove, Ill.

2002 Masters National Criterium and Road Race Champion, Bakersfield, Calif.

Sherri Stedje is a Category One rider in third appearance as a guest rider for the Los Gatos Bicycle Racing Club Women's team, although she has been racing at the elite level for seven years for BBC (Best of Bay Cyclist) in Tampa, Fla.

Sherri is a native of Moline, IL who moved to Tampa in 1989. She began racing in 1993 after admiring and supporting her husband in the sport for 14 years. She quickly discovered that she had a natural talent for the sport after winning her first state road race championship in 1994 and the Southeast Regional Championship in 1995. She decided to pursue racing full-time and now supports her passion by offering cycling and personal training services.

As an animal lover, Sherri spends some of her "off the bike time" as a volunteer for the Tampa Bay Humane Society. She also enjoys hiking and camping, swimming and relaxing at the beach, and home remodeling.



Jennifer Whatley



USCF Race Category: 2
Height: 5'4"
Weight: 115
Racing Age: 30
Seasons elite road racing: 4
Specialties: Criteriums

Notable race results:

2003 District Master's Olympic Sprint Champion
2003 District Team Pursuit Silver Medal
2002 Elite National Tandem Time Trial Gold Medal
2002 District Team Pursuit Champion
2002 District Individual Pursuit Champion
2001 Elite National Tandem Time Trial Silver Medal
2001 District Team Pursuit Champion
2001 District Individual Pursuit Champion

A Category Two rider, Jen Whatley began racing with the LGBRC in 1999 and has competed at the elite level since 2000. Although Jen has achieved notable time trial results, she prefers criteriums for their fast pace, dynamic team tactics, and the mental agility they require.

Jen swam competitively for a few years as a child and in high school, and then gave up competitive sports until she began cycling in '98. Jen credits her husband Fred with getting her into bike racing. Also a competitive cyclist, Fred encouraged Jen to take her love of indoor spinning outside to the racecourse. What started out as a way to get in shape for her wedding became a passion as she learned more about race tactics and became a smarter and stronger rider. Fred no longer races, but he continues as Jen's coach and her "number one fan."

Jen and Fred live in Alameda, California, Jen's hometown. She graduated from UC Irvine in 1995 with a double major in psychology and social behavior. Now a first grade teacher in Pleasanton, Jen says she often draws on her race experience to help her students learn about perseverance, the importance of practice, and the love of sport and good sportsmanship.

Jen also donates her time, teaching skills and cycling experience to help develop up-and-coming women riders. She serves as mentor to Los Gatos' Category 4 women riders and is an active member of the NCNCA "Winner Within Program," riding in local Cat 4 races to help novice women gain confidence in the pack and technical race experience.

When not on the bike or in the classroom, Jen enjoys gardening, playing the piano and throwing pottery.



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San Jose

Anti-Aging Medicine
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Eryn Hanna drops back behind Maria Deason, Jen Whatley, and Taitt Sato in the NCNCA Team Pursuit Championship. Photo by Joy Shaffer.

LGBRC Board of Directors for 2003

Barry Gordon
President

(408) 395-6611 (hm)
(408) 978-8200 (wk)
BGordon@structint.com

Gina Dias
Treasurer

(408) 369-9049 (hm)
(650) 562-0600 x221 (wk)
gdias@nvt.com

Aldene Gordon
Web Designer

(408) 395-6611 (hm)
aldeneg@nicerpage.com

Diane LoPresto
Membership Coordinator

(408) 243-4426 (hm)
diane.lopresto@comcast.net

Jon Erskine
NCNCA Representative

(510) 663-4203 (wk)
jerskine@magellan-env.com

Sam Marye Lewis
Publicity Coordinator

(408) 297-4192
sammarye@ix.netcom.com

Michael Rowe
Vice President

mr_10am@yahoo.com

CT McGuinness
Secretary

(408) 293-1374 (hm)
panzerjager10@hotmail.com

Robbie McGuinness
Social Officer

(408) 293-1374 (hm)
mcguin10@hotmail.com

Christine Rowe
Member at Large

(408) 735-1827 (hm)
(408) 891-0335 (wk)
cmrowegoimobile@yahoo.com

John Sevic
Race Director

(408) 358-3501 (hm)
firstplacefinishus@yahoo.com

Garrett Lau
Newsletter Editor

(408) 249-0695 (hm)
(650) 357-3800 (wk)
garrett_lau@yahoo.com

USCF regional coordinator:

Ms. Jan Luke
P.O. Box 231910
Encinitas, CA 92023
(760) 635-7894
luke2@ix.netcom.com

Meeting Schedule

The LGBRC team meeting is at **7:00pm** on the first Monday of each month. The next meetings will be September 8 and October 6. Location:

Vesuvio Restaurant

3044 El Camino Real, Santa Clara.
One block West of Kiely between Lawrence Expressway and San Thomas Expressway. Phone Number: 296-1054.
Meetings now feature free raffles!

Board of Directors' Meetings

The Board of Directors' Meetings are usually held on the last Monday of every month. All LGBRC members are welcome.

Check with a BOD member for details on the next meeting.

New Location for Team Ride

Sunday 8:45am: A social, no-drop ride leaves from the Starbucks in Rancho Shopping Center, Foothill at Springer in Los Altos at 8:45am every Sunday. Route is determined by group consensus prior to departure.

Ongoing Club Deals

Steelman Cycles: Contact Gary Davis, gary@2wheelsgood.org.

Athlete Octane: 20% off phone orders, 520-325-8808.

The Bicycle Outfitter: 10% off.

Wheel building or soft-sided bike case loan: Free. Contact Kwan Low, kwanseng@yahoo.com.

Avocet: 25% off. Contact Rick Boucher, rick@avocet.com.

IN-SPEX Prescription Sports Eyewear: 20% off, www.in-spex.com.

Rudy Project: Contact Barry Gordon for an order form.

Teschner Frames: Contact Bill Koerner, BK4WHEELS@aol.com.

Newsletter Input

Please send pictures and articles to garrett_lau@yahoo.com

The deadline for submissions is the 25th of the month prior to publication.



Rudy Project - Technically Cool Eyewear is our official team eyewear. This year they have exceeded the limits of 'coolness' with some great additions to their sunglass and helmet lines. Rudy Project has 14 new sunglass models and 4 new sport version models with lots of cool new smaller shapes, hip casual styles and high performers that rock! We have also introduced a larger T-Rex helmet for those of you with big noggins. To check out the newest styles for this season contact Barry Gordon for a Club order form.

Rudy continues to support the top cycling teams such as Prime Alliance, Schroeder Iron, Jelly Belly, and Sierra Nevada as well as top athletes like Barb Lundquist, Chris McCormack, and Steve Larsen. Rudy also is a team supplier for Team in Training, USA Triathlon, US Ski Team, and Pro Tennis Registry.

Along with Rudy Project's great products, they continue to give us the great warranties that set them apart from the rest. All glasses come with the Replacement Lens Guarantee - you scratch 'em, they'll replace 'em for a nominal S/H fee - no questions asked. This year Rudy Project is also doubling the frame warranty to two years! And of course, all glasses come with free hard and soft cleaning cloth cases.

Remember we get Club pricing in exchange for promoting Rudy and steering customers to their dealers including our shop sponsor.

Please show your support and wear your Rudy's when training, competing or on the podium! Let's have a great 2003!

The Los Gatos Bicycle Racing Club
P.O. Box 2842
Saratoga, CA 95070