

# The Catalyst

News and information about the  
Los Gatos Bicycle Racing Club

April 2004

URL: <http://www.lgbrc.org>  
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## Beverley Harper Wins Pilarcitos Stage Race



*Beverley Harper wins a close sprint in the Pilarcitos Stage Race Criterium.*

*Story by Beverley Harper  
Photos by Garrett Lau*

Last year as a Cat 4 this had been one of my favourite races so imagine my joy when they opened it up to cat 3 women this year! I was excited and really looking forward to the first stage which stretched over 30km of beautiful coastal winding roads south of Half Moon Bay with 2 short, but challenging climbs. After all this was my old training ground. I knew it well, I was feeling good and I had no excuses. My competition was fierce but I was a girl on a mission for an upgrade so I jumped off the start ramp with great purpose. Fortunately I was 12th to go so I had plenty of girls to chase and was ecstatic to have passed 6 by the half way point. A couple more came into sight and I cruised by them up the second climb. Wow, the more I passed the better I felt and the faster my little legs went! I knew I must have been doing OK when I almost caught the first rider at the finish line. Turns out I won the stage and was

rewarded with a podium ceremony and a fist full of \$2 bills! Can't beat that.

The second stage was held in the afternoon further down the coast starting out at Pescadero High School and cruising along mostly flat straightish roads for 11km. Good for power riders, I wasn't looking forward to this one at all! Oh well you gotta do what you gotta do so I put Joy Shaffer's fancy TT wheels on my bike with all their good karma and left the start ramp determined to give it my best shot. I struggled to get my heart rate where it needed to be for the first few kms, but then I started to pass girls and my spirits lifted. The road got windier and I started to enjoy myself! And what do you know, I found myself in second place 2 seconds behind Julie Adams. Whoopee, another go on the podium and another fist full of \$2 bills. What fun!! With a huge grin on my face I celebrated with sushi and a couple of beers with my family and pals in Pacifica!

The crit stage was the all important toughy for me. I don't consider myself to be a crit girl, in fact until recently I've always tried to avoid them. However, this was the important stage if I was gonna get those 5 upgrade points in time to accompany my team to Sea Otter, so no messing around, I needed a top 3 finish! However, the course suited me with lots of tight corners and one particularly exciting hair pin bend. Maybe this could be fun I thought. I tried to muster some support for a breakaway attempt from a couple of other girls before the start as I knew I wouldn't stand a great chance in a sprint finish! One was Julie Adams (Palo Alto Bikes) who favoured a more conservative hanging with the pack approach. However, Sarah Bamberger (Sycip) said she would do what she could. I was fearing the McGuire's, Velo Bellas and Bay Area Velo Girls who all had several team members and a strong rider they were working for! I saw Dawn Tisdell warming up so went and had a chat with her. Poor thing - seemed that she had had a bit of a rough weekend

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*Beverley Harper proudly displays her commemorative Timbuk2 bag atop the winners' podium.*

## **Pilarcitos Stage Race**

*Continued from page 1*

of technical issues and as a result the first two stages hadn't gone well. She kindly said she would help me out if she could!

The gun went off and I put myself up near the front. Just as well as there were two minor crashes in the first lap. The bends were suiting me, especially the hairpin, so I stayed up in the top 3 for most of the race so as to stay out of trouble and enjoy the corners. I went for the prime just in case those extra points would help me and picked up 2nd. The pace felt fast and exciting but there were no serious attacks. However, with 3 laps to go I could feel the pack getting antsy and the speedy girls started jostling for position. Sarah tried to lead me out for an attack but I wasn't on the ball so I missed my chance, even so we shook the pack up a little. Then with 1.5 laps to go I decided it was now or never and I legged it out of the hairpin and pedaled so hard around the next corner that I left some metal behind on the asphalt. I put my head down and went flat out with Lori Cox on my tail, just managing to hold her off in the sprint (but it was close)! Wow, more podium action and great booty. What a fun well organized event!

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## **Race Results**

### **Apple Pie Crit**

**February 7, 2004**

**Cat 3/4:** Ryan Wong, 11th

**Junior 4/5:** James Ryan, 8th

**Women 3/4:** Jennifer Van Muckey, 8th

### **Cherry Pie Crit**

**February 8, 2004**

**Cat 3:** Ryan Wong, 5th; David Keefer; Paul Mircik

**Cat 4:** Steve Holmes, 6th

**Junior 13-14:** Phil Mehlitz, 3rd

**Junior 15-16:** James Ryan, 7th

**Junior 4/5:** Matt Mosby, 14th

**Cat 1/2/Pro:** Richard Pego; Dennis Hopp; Brian Heneghan

**Women 1/2/3:** Jennifer Whatley, 3rd; Taitt Sato, 4th; Starr Falk, 6th; Kate Landau, 14th; Martina Patella, 15th; Dawn Tisdell, 16th

### **Pine Flat Road Race**

**February 14, 2004**

**Cat 3:** James Freyensee, 13th

**Women 1/2:** Taitt Sato, 4th; Jen Whatley, 6th; Starr Falk, 7th

**Women 3:** Kate Landau, 3rd; Beverley Harper, 10th

### **Dinuba Crit**

**February 15, 2004**

**Cat 3:** Paul Mircik, 18th

**Women 1/2/3/4:** Taitt Sato, 5th

### **Cantua Creek Road Race**

**February 16, 2004**

**Cat 3:** Paul Mircik, 10th

### **Snelling Road Race**

**February 21, 2004**

**Cat 4:** Steve Holmes, 7th

**Master 35+ 1/2/3:** Matthew McNamara

**Women 1/2:** Starr Falk, 18th; Jen Whatley, 19th; Taitt Sato, 26th

**Women 3:** Kate Landau, 5th; Martina Patella, 8th; Maria Deason

**Women 4:** Dawn Tisdell, 8th; Jennifer Van Muckey, 16th

**Junior 17-18:** Matt Mosby, 5th

**Junior 13-14:** Phil Mehlitz, 4th; Daniel Tisdell, 6th

### **Merced Crit**

**February 22, 2004**

**Cat 3:** John Knotts, 6th

**Cat 4:** Steven Woo, 10th

**Women 1/2/Pro:** Taitt Sato, 6th

**Women 3:** Martina Patella, 1st; Kate Landau, 6th; Beverley Harper, 9th; Maria Deason, 11th; Maria Deason

**Juniors:** Matt Mosby, 9th

### **Hanford Crit**

**February 29, 2004**

**Cat 3:** Ryan Wong, 4th; David Keefer; Paul Mircik, 13th

**M35+ 1/2/3:** Ryan Wong, 12th; David Keefer; Paul Mircik, 14th

### **Pinole Team Time Trial**

**February 29, 2004**

**Elite 1/2/Pro:** Jon Erskine & Rich Pego, 7th

**Women 1/2:** Taitt Sato & Bev Harper, 2nd; Jen Whatley & Starr Falk, 4th

### **Land Park Crit**

**March 6, 2004**

**Women 1/2/3:** Martina Patella, 1st; Jennifer Whatley, 7th; Dawn Tisdell, 11th; Taitt Sato, 15th; Kate Landau, 24th; Maria Deason

**Cat 3:** Ryan Wong, 4th; John Knotts, 30th

**Cat 4:** Matt Mosby, 14th; Steven Woo; James Ryan

**M35+ 4/5:** Steven Woo, 30th

**Juniors:** Daniel Tisdell, 21st; James Ryan, 22nd

### **Mather Crit**

**March 7, 2004**

**Juniors:** James Ryan, 15th; Dawn Tisdell, 20th; Daniel Tisdell, 21st

**Cat 5:** Benjamin Dodge, 5th

**Cat 3:** John Knotts, 8th; Ryan Wong, 9th; Paul Mircik

**Cat 2/3:** John Knotts, 5th

**M35+ 4/5:** Brian Ferrario, 24th

**Women 4:** Jennifer Van Muckey, 9th; Jamie Fenimore, 12th

### **McLane Pacific Grand Prix**

**March 13, 2004**

**Elite 2:** Carl Hekkert, 16th; Brian Heneghan, 30th; Jon Erskine; Matt McNamara; Richard Pego; Dennis Hopp

**Elite 3:** Ryan Wong, 9th; John Knotts

**Elite 4/5:** Steven Woo, 29th

**Women 3:** Martina Patella, 3rd; Kate Landau, 21st; Beverley Harper, 29th

### **McLane Pacific Road Race**

**March 14, 2004**

**Women 1/2/Pro:** Taitt Sato, 16th; Starr Falk

**Elite 2:** Jon Erskine, 22nd; Carl Hekkert, 23rd; Richard Pego

**Elite 3:** John Knotts, 8th

**Elite 4/5:** Aaron Hanna

**Women 3/4:** Martina Patella, 3rd;

Beverley Harper, 17th; Kate Landau, 29th

**M35+ 4/5:** Greg Juneau, 13th; Eric Bustos, 23rd

### **Valley of the Sun Stage Race**

**February 13-15, 2004**

**Junior 17-18:** Matt Mosby, 20th

Los Gatos Bicycle Racing Club Presents

# The 30<sup>th</sup> Annual Cat's Hill Classic



**Date:** Saturday - May 8, 2004

**Time:** Registration booth opens at 9:00am and closes 15 min. prior to each race.

**Directions:** HWY 17/880 south from San Jose. Take the Los Gatos-Monte Sereno (Hwy 9) Exit. Turn left on N. Santa Cruz Avenue. Go three blocks to Nicholson. Turn right to the start/finish. Public parking is available between Santa Cruz and University Avenues, ½ block to the left. Other parking is available outside of the course.

**Course:** Same course as always. Tait-Bean-Massol-Nicholson/Ellenwood-Belmont-Bachman-Tait, clockwise one-mile loop with the Start/Finish line at Tait and Nicholson. One very steep climb (23%), five 90° right turns and one 90° left turn. Rough pavement! Free lap rule applies; bring your own (strong) wheels.

**Registration:** Registration will be available (via www.catshill.org) on www.active.com. A \$5 fee will be charged after May 1 and on the day of the race. Cat's Hill T-shirts available for \$10 on race day. A current USCF license must be presented at registration (one-day or annual USCF licenses may be purchased at registration). For additional information e-mail catshillclassic@yahoo.com.

**Notes:** § Participation in multiple categories entitles you to a reg. discount of \$10 per additional race.

§ District champion fees will not be waived.

§ This race is held under USCF permit.

**Prizes:** § **Elite men and women prize categories will pay out at 100% cash.**

§ All other races will consist of a combination of merchandise/cash at the discretion of LGBRC.

Category	Laps	Places	Prizes	Entry	Start Time	Field Limit
Cat 5	10	3	Medals	\$25	10:00	50
Cat 4	12	6	\$200	\$30	10:35	100
Junior 10-12/13-14*	3	6	\$50/\$50	\$15	11:15	50
Junior 15-16/17-18*	8	6	\$100/\$100	\$15	11:30	50
Cat 3	20	6	\$500	\$30	12:00	100
M 35+ 1/2/3	15	6	\$400	\$30	1:00	100
Women 3/4	10	6	\$250	\$30	1:45	50
M 35+ 4/5	12	6	\$250	\$30	2:20	100
Women 1/2/3	1 hr + 2 laps	6	\$600	\$30	3:05	100
Pro/1/2/espoir	1.25 hr + 2 laps	10	\$1000	\$35	4:10	150
<i>30th Anniversary Celebration and Awards Ceremony</i>					5:30	

\* Indicates a combined race with fields picked separately and separate prizes for males and females.

\* Cat's Hill 2004 is proud to be a member of the **Lance Armstrong Junior Olympic Race Series**

**VISIT OUR WEBSITE AT WWW.CATSHILL.ORG**



[www.wellsfargo.com](http://www.wellsfargo.com)



<http://www.xenogen.com/>

**Joy Shaffer, M.D.**  
**San Jose**

**Anti-Aging Medicine**  
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[www.mce.com](http://www.mce.com)



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[www.structint.com](http://www.structint.com)



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[www.eastonsports.com](http://www.eastonsports.com)



[www.timbuk2.com](http://www.timbuk2.com)



[www.vomax.com](http://www.vomax.com)



[www.clifbar.com](http://www.clifbar.com)



[www.conrado.com](http://www.conrado.com)



[www.aegisbicycles.com](http://www.aegisbicycles.com)



BICYCLES AND COMPONENTS

[www.ritcheylogic.com](http://www.ritcheylogic.com)



[www.rudyprojectusa.com](http://www.rudyprojectusa.com)



Sports Eyewear  
[www.in-spex.com](http://www.in-spex.com)



[www.hulanetworks.com](http://www.hulanetworks.com)



[www.amclassic.com](http://www.amclassic.com)

## More Race Results

### Madera Stage Race

**March 20-21, 2004**

**Cat 1/Pro:** Richard Pego, 13th; Jon Erskine, 15th; Darrell Eng

**Women 1/2/Pro:** Jennifer Whatley, 6th; Starr Falk, 13th; Taitt Sato, 15th; Martina Patella

**Women 3:** Kate Landau, 1st; Beverley Harper, 16th; Maria Deason, 17th

**Cat 4:** Steve Holmes, 5th; Benjamin Dodge, 11th

**Women 4:** Jamie Fenimore, 23rd

### Pilarcitos Stage Race

**March 27-28, 2004**

**Women 4:** Jennifer Van Muckey, 7th

**Cat 5:** Aaron Hanna, 16th; Jun Aishima; Keith Adams

**Cat 4:** Ben Dodge, 11th; James Ryan

**M35+ Cat 4:** Eric Bustos, 9th; Greg Juneau, 13th; Christopher Daugherty, 16th; David Puglia; Ronald Lauber

**Women 3:** Beverley Harper, 1st; Dawn Tisdell

**Cat 3:** John Knotts; Onedin Giraldo; Jay Freyensee

## Sign up for Cat's Hill

LGBRC,

You can now volunteer to sign up to work the 30th Anniversary Cat's Hill Classic! If you work the race you get the following:

Free bagel and coffee breakfast (if you come early enough)

Your smiling face in the team picture (if you come early enough)

30th Anniversary Cat's Hill Classic T-shirt

Lunch

Free race entry

Post-race party

You immediately qualify for LGBRC benefits such as Race Rewards and SERF

To sign up, following the instructions on this link:

[http://www.lgbrc.org/ch\\_signup.html](http://www.lgbrc.org/ch_signup.html)

Thanks.

Barry

## Meeting Schedule

The LGBRC team meeting is at **7:00pm** on the first Monday of each month. The next meetings will be April 5 and May 3. Location:

### Vesuvio Restaurant

3044 El Camino Real, Santa Clara. One block West of Kiely between Lawrence Expressway and San Thomas Expressway. Phone Number: 296-1054.

## BOD Meetings

The Board of Directors' Meetings are usually held on the last Monday of every month. All LGBRC members are welcome. Please contact a BOD member for the time and place of the next meeting.

## Sunday Rides

A social, no-drop ride leaves from the Starbucks in Rancho Shopping Center, Foothill at Springer in Los Altos every Sunday. Route is determined by group consensus prior to departure. Meet at 8:30am. Roll out at 8:45am.

## LGBRC Board of Directors for 2004

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## Ongoing Club Deals

**Steelman Cycles:** Contact Gary Davis, gary@2wheelsgood.org.

**Athlete Octane:** 20% off phone orders, 520-325-8808.

**The Bicycle Outfitter:** 10% off.

**Wheel building or soft-sided bike case loan:** Free. Contact Kwan Low, kwanseng@yahoo.com.

**IN-SPEX Prescription Sports Eyewear:** 20% off, www.in-spex.com.

**Rudy Project:** Contact Barry Gordon for an order form.

**Teschner Frames:** Contact Bill Koerner, BK4WHEELS@aol.com.

**Volvo:** Substantial discounts on new cars. www.smythe-volvo.com

## Newsletter Input

Please send pictures and articles to garrett\_lau@yahoo.com

The deadline for submissions is the 25th of the month prior to publication.



Rudy Project - Technically Cool Eyewear is our official team eyewear. This year they have exceeded the limits of 'coolness' with some great additions to their sunglass and helmet lines. Rudy Project has 14 new sunglass models and 4 new sport version models with lots of cool new smaller shapes, hip casual styles and high performers that rock! We have also introduced a larger T-Rex helmet for those of you with big noggins. To check out the newest styles for this season contact Barry Gordon for a Club order form.

Rudy continues to support the top cycling teams such as Prime Alliance, Schroeder Iron, Jelly Belly, and Sierra Nevada as well as top athletes like Barb Lundquist, Chris McCormack, and Steve Larsen. Rudy also is a team supplier for Team in Training, USA Triathlon, US Ski Team, and Pro Tennis Registry.

Along with Rudy Project's great products, they continue to give us the great warranties that set them apart from the rest. All glasses come with the Replacement Lens Guarantee - you scratch 'em, they'll replace 'em for a nominal S/H fee - no questions asked. This year Rudy Project is also doubling the frame warranty to two years! And of course, all glasses come with free hard and soft cleaning cloth cases.

Remember we get Club pricing in exchange for promoting Rudy and steering customers to their dealers including our shop sponsor.

Please show your support and wear your Rudy's when training, competing or on the podium! Let's have a great 2003!

**The Los Gatos Bicycle Racing Club**  
**P.O. Box 2842**  
**Saratoga, CA 95070**