

The Catalyst

News and information about the
Los Gatos Bicycle Racing Club

September 2004

URL: <http://www.lgbrc.org>
e-mail: lgbrc@topica.com

Martina Patella Wins LGBRC's Timpani Criterium



Martina Patella pumps her fist victoriously as she crosses the finish line, followed by Taitt Sato. Taitt won the Coyote Creek Criterium the previous day. Photo by Garrett Lau.



Amy Chang races in the Women's Cat 3/4 race at Timpani, her first criterium ever. Photo by Garrett Lau.



Ben Barsi-Rhyme attacks in the Cat 4 race, two hours after placing 2nd in the Juniors' race. Photo by Garrett Lau.

Race Results

Nevada City Classic

June 20, 2004

Cat 3: John Knotts, 7th

Women 1/2/3: Taitt Sato, 6th; Kate Landau, 7th

Santa Rosa Corporate Criterium #2

July 24, 2004

Cat 4/5: Steven Woo, 20th; James Ryan, 28th

Women 3/4: Jennifer Van Muckey, 7th

M35+ 4/5: Steven Woo, 6th

M30+: John Sevic, 17th

Cat 3/4: John Sevic, 28th

Friday Night Breaking Away Series

July 30, 2004

Elite 3: Vance Sprock, 1st; Steven Woo, 9th

NORBA National Mountain Bike Series #6

Schweitzer Mountain Resort

Sand Point, ID

July 31, 2004

Women 35-39: Beverley Harper, 5th

Coyote Creek Criterium

July 31, 2004

Women 3/4: Jennifer Van Muckey, 8th

Junior 13-15: Ben Barsi-Rhyne, 2nd;

Daniel Tisdell, 3rd; Dawn Tisdell, 5th

Men 4/5: Neil Gift, 9th; Ben Barsi-

Rhyne, 15th; Stephen Butler, 21st;

Aaron Hanna, 28th

Cat 3: Onedin Giraldo, 17th

Women 1/2/3: Taitt Sato, 1st; Kate

Landau, 12th

M35+ 3/4/5: Greg Juneau, 4th; Chris

Daugherty, 19th

Timpani Criterium

August 1, 2004

Cat 1/2/Pro: Richard Pego, 22nd; Jon

Erskine, 26th; Kalen Gruber, 28th;

Dennis Hopp; John Knotts; Brian

Heneghan

Cat 3: John Sevic, 16th; Onedin

Giraldo, 26th; Willem Voorneveld;

Greg Juneau

Cat 4: Aaron Hanna, 11th; Ben

Dodge, 14th; JunAishima, 17th; Phil

Mehlitz; Stephen Butler; Steven Woo;

Ben Barsi-Rhyne; Neil Gift; David

Puglia

Cat 5: Jim Honniball; Keith Adams

Junior 13-16: Ben Barsi-Rhyne, 2nd;

Phil Mehlitz, 5th; Daniel Tisdell, 7th;

Joel Shaffer, 8th; Dawn Tisdell, 10th;

David Tisdell, 12th; Canaan Linder,

13th

M30+ 1/2/3: Richard Pego, 9th; Greg

Juneau, 14th; Kalen Gruber, 18th; Jon

Erskine, 19th; Paul Mircik, 30th; Jon

Sevic; Dennis Hopp; Brian

Heneghan; Darrell Brokeshoulder;

Gary Davis

M30+ 4/5: Steve Stewart, 12th; Chris

Daugherty, 16th; Chris Pearson, 19th;

Steven Woo, 24th; Jun Aishima;

David Puglia; Garrett Lau

Women 1/2/3: Martina Patella, 1st;

Taitt Sato, 2nd; Kate Landau, 10th

Women 3: Dawn Tisdell, 10th

Women 4: Amy Chang, 12th; Jamie

Fenimore, 13th; Amanda Aaronson

NORBA National Mountain Bike

Series #7

Snowmass Resort

Aspen, CO

August 6, 2004

Women 35-39: Beverley Harper, 1st

Fort Ord Road Race

NCNCA District Championship

August 7, 2004

Cat 1/2/3: John Knotts, 13th

M45+: Willem Voorneveld, 11th;

Vance Sprock, 14th

Women 1/2/3: Kate Landau, 8th; Taitt

Sato, 10th; Starr Falk, 14th; Martina

Patella, 20th

USCF Masters National Champion-

ships

Deer Valley Resort

Park City, UT

August 12-17, 2004

Women 40-44 Time Trial: Beverley

Harper, 2nd

Mixed Tandem 70-79 Road Race:

Vance Sprock & Beverley Harper, 4th

Women 40-44 Road Race: Beverley

Harper, 15th

Folsom Criterium

August 14, 2004

Women 1/2/3: Taitt Sato, 1st

Cat 3: Paul Mircik 24th

Ronde van Brisbeem

August 15, 2004

M35+ 4/5: Phil Astrachan, 9th; Chris

Pearson, 23rd; Eric Bustos, 27th;

Garrett Lau; Steven Woo

Women 1/2/3: Taitt Sato, 5th

Cat 4: Aaron Hanna, 11th; Ben

Dodge, 13th; Phil Astrachan, 23rd;

Stephen Butler, 28th; Matt Mosby,

30th; JunAishima

Cat 3: Onedin Giraldo, 26th; Willem

Voorneveld, 27th; Paul Mircik

USCF Junior National Champion-

ships

Deer Valley Resort

Park City, UT

August 19-22, 2004

TT Men Junior 10-12: Daniel Tisdell,

1st; Joel Shaffer, 2nd

TT Women Junior 13-14: Colleen

Hayduk, 12th

TT Women Junior 15-16: Dawn

Tisdell, 10th

Road Race Men Junior 10-12: Daniel

Tisdell, 2nd; Joel Shaffer, 3rd

Road Race Women Junior 13-14:

Colleen Hayduk, 5th

Road Race Women Junior 15-16:

Dawn Tisdell, 4th

Criterium Men Junior 10-12: Daniel

Tisdell, 2nd; Joel Shaffer, 12th

Criterium Women Junior 13-14:

Colleen Hayduk, 3rd

Criterium Women Junior 15-16:

Dawn Tisdell, 7th

NORBA National Mountain Bike

Series #8

Durango, CO

August 26, 2004

Women 35-39: Beverley Harper, 4th

NORBA National Mountain Bike

Series Final Standings

(U.S. Mountain Bike National

Championship)

Women 35-39: Beverley Harper, 2nd

Esparto TT

August 29, 2004

Women 1/2/3: Starr Falk, 9th

Senior 4: Neil Gift, 7th

M35+ 4/5: Steven Woo, 21st



www.wellsfargo.com



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LATHAM & WATKINS LLP



LGBRC juniors show off their national championship medals. Left to right: Colleen Hayduk, Dawn Tisdell, Daniel Tisdell, Joel Shaffer, Photo by Mike Tisdell.

LGBRC Board of Directors for 2004

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Meeting Schedule

The LGBRC team meeting is at **7:00pm** on the first Monday of each month. The next meetings will be September 6 and October 4. New location:

Round Table Pizza

101 Town and Country Village
Sunnyvale
Phone Number: 408-736-2242.

BOD Meetings

The Board of Directors' Meetings are usually held on the last Monday of every month. All LGBRC members are welcome. Please contact a BOD member for the time and place of the next meeting.

Sunday Rides

A social, no-drop ride leaves from the Starbucks in Rancho Shopping Center, Foothill at Springer in Los Altos every Sunday. Route is determined by group consensus prior to departure. Meet at 8:30am. Roll out at 8:45am.

Ongoing Club Deals

Steelman Cycles: Contact Gary Davis, 700cmoffroad@sbcglobal.net.

Athlete Octane: 20% off phone orders, 520-325-8808.

The Bicycle Outfitter: 10% off.

Wheel building or soft-sided bike case loan: Free. Contact Kwan Low, kwanseng@yahoo.com.

IN-SPEX Prescription Sports Eyewear: 20% off, www.in-spex.com.

Rudy Project: Contact Barry Gordon for an order form.

Teschner Frames: Contact Bill Koerner, BK4WHEELS@aol.com.

Volvo: Substantial discounts on new cars. www.smythe-volvo.com

Newsletter Input

Please send pictures and articles to garrett_lau@yahoo.com

The deadline for submissions is the 25th of the month prior to publication.



Rudy Project - Technically Cool Eyewear is our official team eyewear. This year they have exceeded the limits of 'coolness' with some great additions to their sunglass and helmet lines. Rudy Project has 14 new sunglass models and 4 new sport version models with lots of cool new smaller shapes, hip casual styles and high performers that rock! We have also introduced a larger T-Rex helmet for those of you with big noggins. To check out the newest styles for this season contact Barry Gordon for a Club order form.

Rudy continues to support the top cycling teams such as Prime Alliance, Schroeder Iron, Jelly Belly, and Sierra Nevada as well as top athletes like Barb Lundquist, Chris McCormack, and Steve Larsen. Rudy also is a team supplier for Team in Training, USA Triathlon, US Ski Team, and Pro Tennis Registry.

Along with Rudy Project's great products, they continue to give us the great warranties that set them apart from the rest. All glasses come with the Replacement Lens Guarantee - you scratch 'em, they'll replace 'em for a nominal S/H fee - no questions asked. This year Rudy Project is also doubling the frame warranty to two years! And of course, all glasses come with free hard and soft cleaning cloth cases.

Remember we get Club pricing in exchange for promoting Rudy and steering customers to their dealers including our shop sponsor.

Please show your support and wear your Rudy's when training, competing or on the podium! Let's have a great 2004!

The Los Gatos Bicycle Racing Club
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