

The Catalyst

News and information about the
Los Gatos Bicycle Racing Club

January-February 2005

URL: <http://www.lgbrc.org>
e-mail: lgbrc@topica.com

Los Gatos Bicycle Racing Club Named 2004 Club of the Year by USA Cycling

by Sammarye Lewis

The Los Gatos Bicycle Racing Club (LGBRC) has been given the distinction of excellence for the third time with USA Cycling's 2004 Club of the Year, Division I award. The LGBRC has previously been recognized as Division I Women's Club of the Year in 2002 and Regional Club of the Year in 2000. In a competition that was acknowledged by USA Cycling representative Lydia Bosch as "unquestionably the toughest competition in four years," the 146-member Los Gatos Club was ranked the highest Division I club in the nation. "Most impressive were the innovative ways that clubs are encouraging new riders to join and excel in cycling," said Bosch, "the huge amounts of time and dedication that club officers, coaches, parents, etc. are putting into improving riders' skill and health, and the ways that clubs are impacting the communities around them."

Division winners were determined by how well-rounded and active a club was in proportion to its number of members,



Los Gatos Bicycle Racing Club 2004. Photo by Jeff Tse.

according to USA Cycling. Judges based their decisions on the number of events a club held, outstanding competitive results, clinics and seminars held to benefit member education, and community related charitable events. Clubs were further evaluated on programs implemented to stimulate growth in their discipline or club and the visible results of those programs.

The town of Los Gatos will present a

Mayoral Commendation to Los Gatos Bicycle Racing Club President, Barry Gordon, in recognition of the USA Cycling award and numerous accomplishments of the racing team. The LGBRC has produced one of the oldest and most successful annual cycling criteriums in the United States, The Cat's Hill Criterium. May 7, 2005 will mark the thirty-second consecutive running of the Cat's Hill race. Riders in the 2005 Testarossa Vineyard Cat's Hill Classic will race on the streets of Los Gatos, completing as many as thirty five laps up the short and very steep 23% Nicholson Avenue climb known as Cat's Hill.

"USA Cycling has just recognized the Los Gatos Bicycle Racing Club as the best large cycling club in the US. This is something that I have believed in for many years and I am very pleased that USA Cycling agrees with me," said Los Gatos Bicycle Racing Club President, Barry Gordon. "It is a personal honor to me to serve as the club's President. The LGBRC is very special in that it is open to everyone regardless of age or skill level. No test rides or race résumés are required to join our club.



LGBRC members Steven Woo (back) and Vance Sprock (standing) help Steve Ryan coach the Sunday young junior (ages 10-14) track session. More information is at <http://www.juniiorvelo.com>. Photo by Ted Shaffer.

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Steven Woo prepares to remount after clearing the Clif Bar barriers at Pilarcitos Cyclocross #2 at Candlestick Point. Photo by Garrett Lau.

Race Results

**Spirit of Surf City Cyclocross #2
Santa Cruz County Fairgrounds
Watsonville, CA**

October 31, 2004

M35+ A: Eric Bustos, 11th; Darrel Brokeshoulder

M45+ A: Steve Stewart, 12th

M35+ B: Steven Woo

**Pilarcitos Cyclocross #3
Golden Gate Park
San Francisco, CA
November 14, 2004**

M35+ A: Eric Bustos; Darrel Brokeshoulder

M45+ A: Steve Stewart, 15th

M35+ B: Steven Woo

M45+ B: Gary Davis, 9th

**Central Coast Cyclocross #3
Fort Ord
Marina, CA
November 21, 2004**

M35+ A: Eric Bustos, 20th

M45+ A: Steve Stewart

M45+ B: Gary Davis, 6th

**Central Coast Cyclocross #4
Fort Ord
Marina, CA
November 28, 2004**

M35+ A: Darrel Brokeshoulder, 18th

M45+ A: Steve Stewart, 14th

M45+ B: Gary Davis, 8th

**Pilarcitos Cyclocross #4
Coyote Point
San Mateo, CA**

December 4, 2004

M35+ A: Eric Bustos, 12th; Darrel Brokeshoulder

M45+ A: Steve Stewart, 16th

M35+ B: Steven Woo

M45+ B: Gary Davis, 6th

**Pilarcitos Cyclocross #5 (CCCP)
Coyote Point
San Mateo, CA**

December 5, 2004

M35+ A: Eric Bustos, 13th; Darrel Brokeshoulder

M45+ A: Steve Stewart, 17th

M35+ B: Mark Kurashige, 10th; Steven Woo, 17th

M45+ B: Gary Davis, 7th

USA Cycling Club of the Year

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There is never any pressure to race. All we ask of our membership is to have a passion for the sport, to support our activities in the cycling community and have fun. Our low key approach produces superb results. For example, we won National Championships in road racing, track racing and mountain bike racing in 2004 and promoted two very successful races with a record number of participants. The very bright and energetic members of the LGBRC make it a very special organization and we truly appreciate this honor."



Steve Stewart runs in the sand at Coyote Point. Photo by Garrett Lau.



LGBRC men at Candlestick Point: Steven Woo, Gary Davis, Steve Stewart, Darrel Brokeshoulder. Photo by Garrett Lau.

Los Gatos Bicycle Racing Club, Inc.

c/o Barry Gordon, 16230 W. Ellenwood Ave., Monte Sereno, CA 95030-5212
408-395-6611

2005 LGBRC Membership Application Form

READ THIS FIRST: New candidate members CANNOT join the LGBRC by simply just sending in this form with a check. Please first contact Barry Gordon at 408-978-8200 or bgordon@structint.com. Every LGBRC member is expected to contribute time in accomplishing the goals of the club (see other side) and take leadership roles or, as a minimum, assist the club with various activities and functions such as the Cat's Hill Criterium, Timpani Criterium, Board of Directors, sponsorship, racing, training, etc.

Name _____	Date of Birth _____	Age as of 12/31/05 _____	Sex _____
Address _____		Phone (home) _____	Phone (work) _____

City _____	State _____	Zip _____	E-mail _____
USCF/NORBA License No. _____	Class (Sr., Jr.) _____	Category (Road) _____	Cat. (Track) _____ Cat. (NORBA) _____
What do you expect from the club? _____			
I will help plan and/or work the Cat's Hill Criterium (May 7, 2005) _____ yes _____ no _____ (Initial)			
I will help plan and/or work the Timpani Criterium (August 7, 2005) _____ yes _____ no _____ (Initial)			
What other committees or activities are you interested in helping with? (e.g., ride leader) _____			
Do you have potential club cash/product sponsorship contacts? _____ if yes, please identify _____			

How often do you race per year? _____ Your greatest <u>cycling</u> accomplishment _____			

Racing emphasis (circle one or more) Road Criterium Track Time trial Cyclocross Mountain

Do you want your LGBRC *Catalyst* newsletter snail mailed or e-mailed in PDF format to you? (Circle one) USPS e-mail

I do hereby for myself, heirs, executors, and administrators waive release and forever discharge any and all rights and claims for damages which I may have or which may hereafter occur to me against the Los Gatos Bicycle Racing Club, its agents, officers, representatives, successors, sponsors, advertisers, and/or assigns, individually or collectively, out of my traveling to, participating in, or returning from all Los Gatos Bicycle Racing Club activities.

I further understand that serious accidents occasionally occur during bicycle rides, races, and activities, and that participants in these events occasionally sustain serious or mortal personal injuries and/or property damage, as a consequence thereof. Knowing of the risks of bicycling, nevertheless, I hereby agree to assume these risks and to release and hold harmless all of the persons and/or entities mentioned above who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages.

It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns.

_____/_____
Signature of Applicant /Date

_____/_____
Signature of Parent or Guardian if Applicant is under 18/Date

Description	Amount
2005 renewal membership (\$45 - Basic) OR with jersey (\$90 includes tax - only if sent by 12/31/04)	
Note: LGBRC 2004 District/State/National/World Champions have an optional \$45 membership credit.	
New membership (\$90 - includes jersey)	
Sustaining Membership (just a helping donation for the club, any amount over \$5 in addition to the \$45 membership fee)	
2006 new membership after 9/1/05, 16-month membership for the price of 12 months (\$45)	
2006 new membership after 9/1/05, 16-month membership for the price of 12 months, with jersey (\$90)	
Optional shipping of jersey outside the South Bay, i.e., no shipping to San Jose, Sunnyvale, Palo Alto, etc. (\$6)	

Send "LGBRC" check to the above address.

Total (add the appropriate rows.) \$ _____

For membership with a jersey, circle appropriate gender: Unisex Female and size: XXS XS S M L XL XXL **3**

See the separate **Clothing Order Form** for long sleeve jerseys, shorts, bibs, skinsuits, tights, vests, jackets, windbreakers and socks.

LGBRC Goals and Mission

To provide a supportive bicycle racing organization for all members to achieve their personal and team goals. The club will strive to provide a quality program that includes support, training, coaching and social activities. To achieve our goals, the club and its members will conduct themselves within the following framework:

1. All members will strive to be supportive and positive with mutual respect for one another.
2. All members must volunteer to help with club activities.
3. All members will conduct themselves in a professional manner and with good sportsmanship.
4. The club will conduct itself within the laws of the land.
5. The club will strive to avail itself of high quality coaching for novice, intermediate and advanced cyclists through:
 - a. Structured training and skills clinics.
 - b. Learning from other club members and guest coaches.
 - c. Caring about individual goals as well as group goals.
6. The club will promote our sponsors by participating in local, state, national and world competitions while wearing the most recent team clothing during the race and on the podium and by being knowledgeable of our sponsors products and attributes. More specifically:
 - a. Members shall never complain about a sponsor in a public forum. If you have anything negative to say, say it in a constructive fashion; turn it into positive feedback. Most sponsors do want constructive feedback on how to improve their products.
 - b. If you participate in any club sponsorship program, you are obligated to not remove the decals or deface the product that impacts the company name in any way. In fact, some of our sponsorship contracts specifically note this obligation.
 - c. Never directly contact a team sponsor. Contact the club member sponsor representative as identified on our website. This has been a serious complaint from several sponsors for several years.
 - d. The generic club e-mail address lgbrc@topica.com is for only race reports, club rides, carpooling organization, general cycling information and general Q&A. It is not to promote a product or company that may compete with LGBRC sponsors. All important sponsorship deals must be sent to the club President first and s/he will forward the message to only the active members of the club, i.e., non-active members do not qualify for club deals. The club President is the only person with the latest team mailing list.
7. The club will strive to utilize the strength and resources of its members to achieve the club's objectives.

LGBRC

2005 Clothing Order Form

Send or give your clothing order form with “LGBRC” check to: Barry Gordon, 16230 W. Ellenwood Ave., Monte Sereno, CA 95030-5212. Obviously, if you do not pre-order any clothing, you may not get any! The LGBRC does not operate as a “clothing outlet.” Note there are unisex and women’s sizes for some items. Questions? Call Barry at 408-978-8200 (W), 408-395-6611 (H) or e-mail to bgordon@structint.com.

Name:	Date:
Address:	Tel (home):
City, State, Zip:	Tel (work):
	E-mail:

Quant.	Size	Unisex or Female	Product/Description	Price *	Price x Quantity
			Short sleeve jersey – VOMax, long 15 in. zipper	\$48.00	
			Long sleeve jersey – VOMax, brushed MicroDry™ (heavier version of jersey fabric with a soft, brushed inside face) Full separating zipper.	\$65.00	
			Shorts – VOMax with seamless X-Static Gold chamois	\$48.00	
			Bib shorts - VOMax with seamless X-Static Gold chamois	\$56.00	
			Skinsuit - VOMax with seamless X-Static Gold chamois	\$92.00	
		N/A	Aero windbreaker – VOMax, EurothermLight™, new lightweight laminate, waterproof, windproof and breathes well	\$60.00	
		N/A	Jacket - VOMax EurothermLight™ with front pockets	\$85.00	
		N/A	Tights - VOMax EurothermLight™, no chamois	\$45.00	
		N/A	Vest - VOMax EurothermLight™, mesh back with rear pockets	\$55.00	
		N/A	Socks - SockGuy™	\$6.00	

X-Static Gold chamois is woven throughout with latest X-STATIC fiber technology that eliminates odor. Strategically placed center channel allows for decompression of crotch area. Its highly absorbent, multi-level foam design absorbs seat impact, relieves pressure points and allows for complete range of motion. It keeps stitching from coming in contact with skin avoiding possible irritation and promotes effective heat dissipation. Rated the best chamois!

Subtotal:	
8.25% CA tax	
Possible Shipping ** (See below for details)	
Full Payment Total:	

Fashion Notes

- Jersey Sizing: 1 or XS, 2 or S, 3 or M, 4 or L, 5 or XL, etc.
- Unisex and women sizing.
- Short Sizing: XS, S, M, L, XL (few riders wear L or XL)
- Medium and larger skinsuits have medium shorts (e.g., XL skinsuit is a XL jersey attached to M shorts.)
- There is typically a 25 minimum for clothing orders, i.e., if the LGBRC cannot order 25, the item may not be available.
- Custom sizing/combinations are available at no extra cost including World or National Champion stripes for our World and National Champions!

Financial Notes

- Make your checks out to “LGBRC” for the **full payment**. (No “deposits” on clothing.) Local CA sales tax will be charged to **all California residents**.

**** Shipping is available at \$6.00 per 1 to 3 items to locations outside the South Bay, i.e., no shipping to Los Gatos, San Jose, Sunnyvale, Mountain View, Palo Alto, etc.** That is, shipping is available for more distant locations:

1-3 items: \$6 4-6 items: \$12 7-9 items: \$18, etc.

* Note: We have some sponsorship funds set aside for clothing support. You may be eligible for a very cool 50% discount on clothing due to your club administrative level (e.g., club officer, member of BOD, etc.) or your particular racing activity/category/age. Please check with Barry Gordon to see if you qualify. Thank you.



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www.in-spex.com



www.amclassic.com



www.edenbicycles.com



www.hulanetworks.com



www.athleteoctane.com

LATHAM & WATKINS LLP



Barry and Aldene Gordon volunteer at the Los Gatos Holiday Carriage Rides, a fundraiser for the Town of Los Gatos Chamber of Commerce. Photo by Michael Rowe.

LGBRC Board of Directors for 2004-2005

Barry Gordon
President

(408) 395-6611 (hm)
(408) 978-8200 (wk)
BGordon@structint.com

Gina Dias
Treasurer

(408) 369-9049 (hm)
(650) 462-8100 x221 (wk)
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Michael Rowe
Vice President

mr_10am@yahoo.com

Stephen Butler
Secretary

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stephen@bonnydoonvineyard.com

Christine Rowe
Member at Large

(925)829-4341 (hm)
cmrowegoimobile@yahoo.com

Scott Barth
Race Director

(408) 248-8313 (hm)
scott@scottbarth.com

Kathy Ryan
Juniors Liaison

(408) 257-9280 (hm)
ryan@numerix.com

Garrett Lau
Newsletter Editor

(408) 249-0695 (hm)
(650) 357-3800 (wk)
garrett_lau@yahoo.com

Meeting Schedule

The LGBRC team meeting is at **7:00pm** on the first Monday of each month. The next meetings will be January 3 and February 7. Location:

Round Table Pizza

101 Town and Country Village
Sunnyvale
Phone Number: 408-736-2242.

BOD Meetings

The Board of Directors' Meetings are usually held on the last Monday of every month. All LGBRC members are welcome. Please contact a BOD member for the time and place of the next meeting.

Sunday Rides

A social, no-drop ride leaves from the Starbucks in Rancho Shopping Center, Foothill at Springer in Los Altos every Sunday. Route is determined by group consensus prior to departure. Meet at 8:30am. Roll out at 8:45am.

During the winter, the Sunday rides will start at 9:30am. The winter ride time is effective from December 26 through March 13.

Ongoing Club Deals

Steelman Cycles: Contact Gary Davis, 700cmoffroad@sbcglobal.net.

Athlete Octane: 20% off phone orders, 520-325-8808.

The Bicycle Outfitter: 10% off.

Wheel building or soft-sided bike case loan: Free. Contact Kwan Low, kwanseng@yahoo.com.

IN-SPEX Prescription Sports Eyewear: 20% off, www.in-spex.com.

Rudy Project: Contact Barry Gordon for an order form.

Teschner Frames: Contact Bill Koerner, BK4WHEELS@aol.com.

Volvo: Substantial discounts on new cars. www.smythe-volvo.com

Newsletter Input

Please send pictures and articles to garrett_lau@yahoo.com

The deadline for submissions is the 25th of the month prior to publication.



Rudy Project - Technically Cool Eyewear is our official team eyewear. This year they have exceeded the limits of 'coolness' with some great additions to their sunglass and helmet lines. Rudy Project has 14 new sunglass models and 4 new sport version models with lots of cool new smaller shapes, hip casual styles and high performers that rock! We have also introduced a larger T-Rex helmet for those of you with big noggins. To check out the newest styles for this season contact Barry Gordon for a Club order form.

Rudy continues to support the top cycling teams such as Prime Alliance, Schroeder Iron, Jelly Belly, and Sierra Nevada as well as top athletes like Barb Lundquist, Chris McCormack, and Steve Larsen. Rudy also is a team supplier for Team in Training, USA Triathlon, US Ski Team, and Pro Tennis Registry.

Along with Rudy Project's great products, they continue to give us the great warranties that set them apart from the rest. All glasses come with the Replacement Lens Guarantee - you scratch 'em, they'll replace 'em for a nominal S/H fee - no questions asked. This year Rudy Project is also doubling the frame warranty to two years! And of course, all glasses come with free hard and soft cleaning cloth cases.

Remember we get Club pricing in exchange for promoting Rudy and steering customers to their dealers including our shop sponsor.

Please show your support and wear your Rudy's when training, competing or on the podium! Let's have a great 2004!

The Los Gatos Bicycle Racing Club
P.O. Box 2842
Saratoga, CA 95070