



Realistic Blood

The Bearded Chef

2/3 cup clear corn syrup

1/3 cup warm water

5 tablespoons corn starch

4 teaspoons red food coloring

1 tablespoon cocoa powder

2 drops green food coloring

1 drop spearmint or peppermint extract

1 teaspoon milk

Whisk together corn starch, cocoa powder, and water until dissolved.

Whisk in corn syrup.

Add red food coloring 1 teaspoon at a time whisking in between teaspoons.

Add green food coloring and whisk to combine.

Add milk and flavoring extract and whisk to combine. Add another teaspoon of milk to cloud mixture if needed.

Blood will become sticky when dry.