

Ken Rogers Dance Instruction

CSTCC Swing - Student Syllabus

Class 1 - East Coast Swing

1	Basic Step	
2	Link & Link Break	
3	Chg. of Places R	
4	Chg. of Places L	

Class 2 - East Coast Swing

1	The Cradle	
2	Chg. of hands Behind the Back	

Class 3 - East Coast Swing

1	Closed Tuck-in	
2	Open Tuck-in	

Class 4 - Jitterbug

1	Basic	
2	R Turn - L Turn	
3	Chg. of Hands Behind Back	

Class 5 - East Coast Swing

1	The Throwout	
2	The Whip	
3	Wrist Spin, Alternating Underarm Turns	