



Garden City Wings
Chapter GA – F2
Augusta, Georgia



GOLDWING ROAD RIDERS ASSOCIATION
Friends For Fun, Safety and Knowledge
REGION A

June 2009

Thoughts from the Chapter Director

Wing Fling, coming up next week. I hope that many of you have already registered and plan to attend. The rally is going to be in Hiawassee this year and we will have plenty of fun. I will be out of town attending the Wing Fling next Thursday and will be unable to lead the dinner ride, however it's the second Thursday and the night of bike night at Dino's on Washington road across from the Wal-Mart in Evans. I hope anyone who is not going to the Wing Ding will attend.

Larry Cates
Chapter Director.

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Larry Cates

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Birthday's for June

Can you believe it no birthday's for June

Anniversary's for June
Marshal and Sandra Skinner 17 June
Todd and Robin Root 27 June

“As I See It,” A thought from the “Educator.”

The Birthday gift that will never be forgotten.

This article will be short and sweet. John Hayes, can you believe it, short.....

The title of this article is Hydration.

It's hot out there and we are not as young as we used to be. We are not in the shape we were once in and we are taking medication that reduces our tolerance to heat stress. One way to combat the affects of heat stress is

Hydrate, Hydrate, Hydrate.

That's Hydrate before you work in the yard (or go on a m/c ride on a hot day). Hydrate while you are in the heat and Hydrate when you get out of the heat.

Doing so will enable you to enjoy the outdoors rather than the outdoors endangering your health.

This monthly safety publication of “As I See It” is presented for your consideration by Ray Bowman, your Chapter Educator. Constructive comments and or suggestions are always appreciated.

GWRRA Chapter F2

June 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
				Dinner ride to Fatz		Monthly Gathering
7	8	9	10	11	12	13
				Georgia Rally Bike nite at Dino's	Georgia Rally	Georgia Rally
14	15	16	17	18	19	20
			Happy Anniversary Marshal and Sandra	Dinner ride to Millers Bread Basket		Chapter visitation to Chapter I 2 in Carrollton
21	22	23	24	25	26	27
				Dinner ride to Dukes BBQ		Chapter visitation to Chapter E 2 in Pooler Happy Anniversary Tot and Robin
28	29	30				