

# 2009 PALM BEACH COUNTY SWIMMING & DIVING CHAMPIONSHIPS

## 2009 PALM BEACH COUNTY DIVISION II SWIMMING CHAMPIONSHIPS

Host: **HOSTED BY JOHN I. LEONARD HIGH SCHOOL and Lake Lytal Lightning Swim Team and Sanctioned by FHSAA & USA Swimming\*\***  
**\*\*This will be a USA Swimming Observed and Sanctioned Event.**

DATES & TIMES: **DIVING:** FRIDAY, OCTOBER 16, 2009 WARM-UP 7:00 A.M. START: Girls 9 A.M. Boys 12 pm  
**COUNTY SWIMMING DIVISION II CHAMPIONSHIPS:** FRIDAY, OCTOBER 16 WARM UP 3:30PM MEET START 4:30PM  
 SEE INFORMATION ON DIVISION II CHAMPS ON REVERSE  
**COUNTY SWIMMING CHAMPIONSHIPS:** SATURDAY, OCTOBER 17, 2009  
**SWIMMING PRELIMS:** WARM-UP 7:00 A.M. MEET START 8:00 A.M.  
**SWIMMING FINALS:** WARM-UP 4:00 P.M. MEET START 5:30 P.M. CONSOLATION AND CHAMPIONSHIP FINALISTS.

POOLS: TOP 16 PLACES SCORE.  
**SWIMMING:** LAKE LYTAL POOL  
 3645 GUN CLUB RD. WEST PALM BEACH, FL.  
 8 LANE 25 YARD BY 50 METER POOL. 8 ADDITIONAL LANES AVAILABLE FOR WARM-UP AND COOL DOWN.  
**The competition course has been certified in accordance with 104.2.2C(4) of the USA Swimming Rule Book. The copy of such certification is on file with USA Swimming.**

DIRECTIONS: **DIVING: Calypso Bay Water Park, Royal Palm Beach**  
 TWO 1-METER DIVING BOARDS. **INFORMATION ON REVERSE**  
**SWIMMING:** FROM I-95: EXIT SOUTHERN BLVD. HEAD WEST TO CONGRESS AVE. CONGRESS AVE. HEAD SOUTH TO GUN CLUB RD. TURN RIGHT (WEST) ON GUN CLUB RD., TAKE THE 1<sup>ST</sup> ENTRANCE TO LAKE LYTAL PARK, THE AQUATIC FACILITY IS ON THE LEFT.  
 FROM TURNPIKE: EXIT AT SOUTHERN BLVD. AND HEAD EAST TO MILITARY TRAIL. TAKE A RIGHT ON MILITARY TRAIL TO GUN CLUB RD. TURN LEFT (EAST) ON GUN CLUB RD., TAKE THE 2<sup>ND</sup> ENTRANCE TO LAKE LYTAL PARK, THE FACILITY IS ON THE LEFT.

MEET DIRECTORS: GORDON ANDREWS-JOHN I. LEONARD HIGH SCHOOL. PHONE: (561)689-7120 CELL: (561)310-4924  
 DIVING DIRECTOR TBA

MEET REFEREE: DEBBIE BENGTON

ELIGIBILITY: ALL HIGH SCHOOL SWIMMERS IN PALM BEACH COUNTY SCHOOLS THAT ARE CURRENT MEMBERS OF FHSAA AND WHOSE STUDENTS ARE ACADEMICALLY ELIGIBLE TO PARTICIPATE. **SWIMMERS WHO HAVE PARTICIPATED IN THE DIVISION II MEET MAY NOT PARTICIPATE IN THE COUNTY CHAMPIONSHIP MEET. RELAYS EXCLUDED.**

FORMAT: **SATURDAY** CHAMPIONSHIP FORMAT, NO MORE THAN 4 INDIVIDUALS PER TEAM PER INDIVIDUAL EVENT, ONE RELAY PER TEAM PER RELAY EVENT. AN INDIVIDUAL MAY ENTER A MAXIMUM OF 2 INDIVIDUAL AND 2 RELAY EVENTS, OR 1 INDIVIDUAL AND 3 RELAY EVENTS, DIVING IS CONSIDERED AN INDIVIDUAL EVENT.

SEEDING: CIRCLE SEEDING OF UPTO FASTEST 24 ENTRIES IN FINAL 3 HEATS. EVENTS WITH MORE THAN 3 HEATS/24 ENTRANTS WILL BE SEEDED SLOWEST TO FASTEST UPTO FINAL 3 HEATS.

SCORING: (HS. CHAMP MEET ONLY) Individual:20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. Relays Double the individual points

**COACHES, PLEASE RESPECT THE Q-TIMES FOR THE SAKE OF YOUR TEAM AND YOUR SWIMMER'S INTEGRITY.**

Q- TIMES:

	200 M. REL	200 FREE	200 IM	50 FREE	100 FLY	100 FREE	500 FR	200 FRREL	100 BK	100 BR	400 FRREL
GIRLS	NA	2:25.00	2:40.00	:28.50	1:13.00	1:05.00	6:20.00	NA	1:14.00	1:27.00	NA
BOYS	NA	2:16.00	2:35.00	:26.50	1:11.00	:57.00	6:00.00	NA	1:12.00	1:16.00	NA

AWARDS: **TEAM TROPHIES FOR 1<sup>ST</sup> & 2<sup>nd</sup>, BOYS & GIRLS. SPECIAL AWARDS 1<sup>ST</sup>-3<sup>RD</sup>. RIBBONS 4<sup>TH</sup>-8<sup>TH</sup> 1<sup>ST</sup> THRU 3<sup>RD</sup> PLACE COMBINED TEAM AWARDS**  
 AN **OUTSTANDING MALE AND FEMALE SWIMMER AWARD** WILL BE PRESENTED AT THE END OF THE MEET BASED ON NUMBER OF WINS, MEET RECORDS BROKEN, ALL-AMERICAN STANDARDS ACHIEVED or CLOSEST TO ACHIEVING JR. NATIONAL Q. TIMES

Based on total number of entrants for **either both meets or one meet**, Girls and Boys Included

ENTRY FEES:

1-10	11-20	21-40	41+
\$80	\$100	\$130	\$150

CHECKS MADE PAYABLE TO JOHN I. LEONARD HIGH SCHOOL. PLEASE HAVE YOUR CHECK READY ON OR BEFORE THE DAY OF THE MEET

ADMISSIONS: \$2 AT THE GATE FOR SWIMMING PRELIMS. \$3 AT THE GATE FOR SWIMMING FINALS  
 HEAT SHEETS PRELIMS & FINALS \$2.

RULES: CURRENT F.H.S.A.A. AND NATIONAL FEDERATION RULES WILL GOVERN THIS MEET

ENTRY FORMS: PLEASE USE THE ENCLOSED MASTER ENTRY FORMS TO SUBMIT YOUR OFFICIAL ENTRIES. PLEASE INCLUDE COMPLETE LAST NAME, FIRST NAME & GRADE. PLEASE SEND A COMPLETED TEAM INFORMATION FORM.  
**FAXED ENTRIES: (561)689-9545**

**THE USE OF ELECTRONIC ENTRIES IS HIGHLY ENCOURAGED 2 EVENT FILES WILL BE USED**

CHECK OUT ALL YOU NEED AT [www.lightning-swimming.org](http://www.lightning-swimming.org) TO COMPLETE THIS PROCESS

**ELECTRONIC:** TEAMS USING HY-TEK'S TM & TM Lite MAY ELECTRONICALLY ENTER USING AN ATTACHED COM-LINK FILE TO: **GMAND688@BELLSOUTH.NET**

ENTRY DEADLINES: **MEET ENTRIES: FRIDAY, OCTOBER 9, 2009 3 P.M.**  
 NO LATE ENTRIES OR DECK ENTRIES WILL BE ACCEPTED  
 CALL (561) 310-4924 FOR CONFIRMATION BETWEEN 7:30 OR 8:30PM OF FAX OR MAIL. ELECTRONIC ENTRIES WILL BE CONFIRMED VIA E-MAIL.  
**\*ALL PRE-MEET ENTRIES ARE FINALIZED, ONLY ADMINISTRATIVE ERRORS WILL BE CORRECTED**

COACHES MEETING: A PRE-MEET MEETING WILL TAKE PLACE PRIOR TO MEET START TO COVER ITEMS OF INFORMATION OR RULINGS THAT ARE NECESSARY FOR THE ADMINISTRATION OF THE MEET

SCRATCHES: FOR FAILING TO COMPETE IN ALL RACES, HEATS AND ROUNDS FOR WHICH HE/SHE HAS QUALIFIED OR ENTERED, THE COMPETITOR SHALL BE DISQUALIFIED FROM FURTHER COMPETITION. THE COMPETITOR SHALL NOT BE DISQUALIFIED FROM EVENTS IN SUBSEQUENT ROUNDS FOR WHICH HE/SHE HAS PREVIOUSLY QUALIFIED (PREVIOUS PERFORMANCES NOT NULLIFIED).

HOSPITALITY: SWIM VOLUNTEERS, OFFICIALS, AND COACHES WILL BE SERVED HOSPITALITY THROUGHOUT THE SWIMMING PORTION OF THE MEET INCLUDING LUNCH.