

MEDICAL ASSOCIATES OF NORTH GEORGIA

Pain Clinic Director:

Steven M. Lobel, MD

Board Certified:

PM&R and Pain Medicine

Program Director:

Medical Associates

Pain Medicine Fellowship

Specializing in Interventional Spine and Sports Medicine

The procedure you had today was called: Facet joint nerve block (also known as a medial branch block).

It is important to note the percent of pain relief after the injection. Some injections are diagnostic and are designed to provide only temporary relief depending on the amount and type of medication used. Common side effects after a procedure include soreness at the injection site and irritation of the skin at the injection site due to the needle and the local anesthetic. If steroids are used they may increase blood sugars (if you are a diabetic), cause insomnia lasting 1-2 nights, alter mood, increase appetite, and cause mild flushing. Rarely, steroids will increase pain lasting 3-4 days as worsening of your current pain. When the flare subsides, the injection is as effective as if no flare occurred. Please call our office immediately should you develop swelling or persistent redness at the injections site, a fever over 101 degrees, or any other unexplained changes in your condition.

Please list the amount of pain at the procedure site before the injection (1-10) _____

Please list the amount of pain at the procedure site after the injection (1-10) _____

Please note the duration of pain relief the injections provided. _____

Should you not receive a call from our nursing staff, please call our office with above information within 1-2 business days.

Thank you for choosing Medical Associates of North Georgia.

Sincerely,

Steven M. Lobel, MD