

MEDICAL ASSOCIATES OF NORTH GEORGIA

Pain Clinic Director:
Steven M. Lobel, MD
Board Certified:
PM&R and Pain Medicine

Program Director:
Medical Associates
Pain Medicine Fellowship

Specializing in Interventional Spine and Sports Medicine

Your appointment is on Date: Time:

Pre Procedure Instructions

It is very important for our patients to adhere to the following instructions.
Failure to do so could result in rescheduling your procedure.

- 1.** Patients are to stop blood thinners such as:
 - Coumadin (Warfarin) **7** days prior *
 - Clopidogrel (Plavix) **7** days prior *
 - Heparin, Enoxaparin (Lovenox), Dalteparin (Fragmin) **1** day prior
- 2.** Nothing to eat or drink 4 hours prior to procedure except water to take your usual medications
- 3.** Please arrive 30 minutes before procedure time for preparation and paperwork.
- 4.** Make sure you have someone to drive you home after the procedure.
- 5.** Please leave all valuables at home.

* We may make arrangements with your other doctors to change your medication for your safety during the week prior to the procedure.

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