

SPOOKY CABLED ARMWARMERS

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These armwarmers are soft, thick, and super warm. They keep my hands toasty even on freezing mornings, and are stretchy enough to fit over gloves for extra warmth. The cable pattern reminds me of a spooky old tree. The mitt is meant to be long enough to fully cover the base of your fingers on the palm side of your hand—if you look at your hand, you'll see that the padding on your palm comes up higher on your hand than your knuckles. If you don't want them to come up that high, try them on as you go and bind off when they are the length you prefer.



Finished Size One size, about 10" long and 8" around. This will fit a forearm/wrist/hand anywhere between 7" and 13.5" around - the ribbing is very stretchy.

Gauge I knit much looser in this ribbing than in stockinette, so I'm going to give you the gauge in pattern - 18 st and 16 rows in pattern, unstretched (or somewhere near that, or whatever makes a fabric you like).

Needles 3.5mm circular needle (for magic loop, make sure your cord is at least 32" long) OR 2 3.5mm circular needles (any length) OR one set of 3.5mm dpns
cable needle (this pattern is very easy to do without one, though)

Yarn 2 balls Plymouth Suri Merino (3 if you are going to knit these all the way to the elbow); 50g, 110 yards, color 282.

Notions Tapestry needle, row counter.

Difficulty level: adventurous beginner. You will knit in the round and do some simple ribbing and cabling.

Notes: *C3F* means: slip the next 3 stitches from your left hand needle to the cable needle and hold to front of work; knit 3, then knit the 3 stitches from the cable needle.

The row numbers may look a little wonky, but that is because there is a chart coming (eventually) that includes an extra repeat of the cabled pattern for elbow-length gauntlets. Follow them as written and the pattern will come out fine.

You will work 12 rows of stitches back and forth for the thumb opening when the time comes—just turn your work. This mostly involves knitting stitches as they appear. Should you mis-count and need to cable on a WS row, just work the C3F as you would on a knit row **but** *purl* the stitches instead of knitting them.

Instructions:

Using Old Norwegian or other very stretchy cast on, CO 64 sts. Join for working in the round and double check to make sure you haven't twisted the stitches. You can place a stitch marker after stitch 1 to mark the beginning of the round, or use the position of your yarn tail to mark needle 1.

Set your row counter to 1. Work 16 rounds of K2, P2 ribbing.

You will need to repeat each sequence given twice to make your way around. Each sequence contains instructions for 32 stitches.

Rnd 17: (K2, P2) 3 times, C3F, P2, (K2, P2) 3 times

Rnds 18-21: (K2, P2) 3 times, K6, P2, (K2, P2) 3 times

Rnd 22: repeat round 17

Rnds 23-26: repeat rounds 18-21

Rnd 27: repeat round 17

Rnds 28-30: K2, P2 to end (including across the cable stitches)

Rnd 31: K2, P2, C3F, (P2, K2) 2 times, P2, C3F, P2, K2, P2

Rnds 32-35: K2, P2, K6, (P2, K2) 2 times, P2, K6, P2, K2, P2

Rnd 36: repeat round 31

Rnds 37-40: repeat rounds 32-35

Rnd 41: repeat round 31

Here's where the numbers get funny. If you are going to work a 10" long armwarmer, *SKIP* to round 70 now—you worked one repeat of 17-41. If you are going to work *two* repeats of 17-41 for a 13.5" long armwarmer, repeat rounds 28-30 *once* after round 41, then repeat rounds 17 through 41, then *SKIP* to round 70. Do *NOT* work 28-30 an additional time after the last repeat.

Rnds 70-72: K2, P2 to end (including across the cable stitches)

Rnd 73: (K2, P2) 3 times, C3F, P2, (K2, P2) 3 times

Rnds 74-77: (K2, P2) 3 times, K6, P2, (K2, P2) 3 times

Rnd 78: repeat round 73

Row 79: (K2, P2) 3 times, K6, P2, (K2, P2) 3 times, TURN work
Rows 80-82: work stitches as they appear **BUT turn work after every row instead of continuing to knit.** You will work every other row on the WS. Just knit the knits and purl the purls as they face you. Rows 80 and 82 are WS rows.

Row 83 (RS): repeat round 73, turn

Rows 84-86: K2, P2 to end (including across the cable stitches), turning work after every row. Rows 84 and 86 will be WS rows.

Row 87 (RS): K2, P2, C3F, (P2, K2) 2 times, P2, C3F, P2, K2, P2

Row 88 (WS): K2, P2, K2, P6, (K2, P2) 2 times, K2, P6, K2, P2 (work sts as they appear)

Row 89 (RS): K2, P2, K6, (P2, K2) 2 times, P2, K6, P2, K2, P2 (work sts as they appear)

Do not turn the work after the end of row 89. Rejoin for knitting in the round and repeat row 89 twice (rounds 90 and 91).

Rnd 92: repeat round 87

Rnds 93-96: repeat round 89 for each round

Rnd 97: repeat round 87

Work K2, P2 ribbing for 12 rounds. (Adjust this number if you want a shorter palm.) BO all stitches purlwise.

Weave in ends! Make another! Send me pictures!

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