

2008/09 MONDAY NIGHT HANDBALL INFORMATION

Hi: Some info about the Monday Night League:

- No team fees
- Two doubles matches per night
- Each club will have a Team 1 and Team 2
- If a team forfeits, Team 2 will be forfeited first
- Standard format: Two 21 point games and 11 point tiebreaker if needed
- Team 1 winners get 5 points and Team 2 winners get 3 points
- Play with the best handball available
- A playoff at the end of the schedule can be played if desired

Contact information:

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| Lifetime Fitness | Captain: Dean Held 952-200-6043 email: deanheld@hotmail.com | Lifetime Fitness 952-541-7100 St. Louis Park 5225 Cedar Lake Rd Near 394 and Hwy 100 From 394, exit on Xenia. Go South past Costco and Home Depot Turn right on Cedar Lake and first Left into parking lot |
| Skyway Y | Captain: Ed Simonet H: 651-439-6132 W: 651-439-5875 C: 651-260-1533 email: edsimonet@aol.com | Skyway Y 651-292-4143 194 E. 6 th St. St. Paul |
| SAACdale | Captain: Jerry Totall H: 952-820-8321 Email: gtotall@msn.com | Southdale Y 952-835-2567 7355 York Ave S., Edina From Hwy 62 (Crosstown) South on Xerxes 10-12 blks Xerxes becomes York On east side (left) SAAC 612-379-4233 113 SE 2 nd St. Minneapolis Third Avenue Bridge to 2 nd Turn right |