

How do you make a Basic mead?

The following process describes the **basic steps** in making a **dry, still, traditional mead**.

Note: Many existing information sources describe making mead. However, the following steps incorporate certain "new school" concepts such as:

- Not boiling, or Pasteurizing, the honey
- Not adding any type of acid pre-fermentation - only post-fermentation (if needed)
- Not using additives such as Irish moss, or gypsum
- Hydrating & proofing dry yeast before pitching
- Staggered nutrient Addition

Recipe [5 gallons]

Honey - 14 Lbs (+ 1/3 cup)

Water - 4 gal

10g ICV-D47 dry yeast

Yeast Nutrient - Red Star's SuperFood (SF), or Lallemmand's Fermaid-K

Yeast Energizer - Diammonium phosphate (DAP)

Rehydration nutrient: Go-Ferm (only needed if using dry yeast)

Acid blend (post fermentation, if needed [to taste])

OG - 1.100 [nominal]; FG - 1.000 [or below]

Equipment

6.5 gallon plastic primary bucket, with lid, & airlock

5 gallon glass carboy, stopper, & airlock

A glass container for your starter (~ 1 gallon), stopper, & airlock

Hydrometer, thermometer

Long handled mixing spoon / paddle

Racking cane and transfer tubing

Sanitizer: Such as: Star San

750ml wine bottles & corks

NOTE: Sanitize everything that comes in contact with, or anywhere near, the must (honey & water mixture) - hands, tools, etc..

Method

1) **Rehydrate** the 10g of dry yeast using GO-Ferm in the rehydration water [167 ml water & 12g Go-Ferm].

Caution! Do not use other nutrients! Fermax, Superfood, Fermaid-K, et.al. should NOT be added to the rehydration water. They are NOT the same as Go-Ferm.

2) **Prepare the Must** by adding 2 gallons of water to your sanitized plastic primary bucket. Then heat another 2 gallons of water on your stove to 115°F, and remove it from the heat. **IMPORTANT:** If you do not remove the pan from the heat, the honey may scorch on the bottom of the pan.

Now, add all of the honey to the heated water -**mix well**. You can ladle some of the hot honey/water mixture into your honey container to get all the honey out. Mix until all the honey is dissolved. The goal is to **thoroughly mix 4 gallons of water with 14 pounds of honey**. Add your warm honey/water mixture to your plastic primary bucket, and then add the **Stage 1 Nutrients**- stir-in to dissolve.

The honey water mixture should be a little over 5 gallons. Check the mixture's temperature and allow it to cool below 80°F – install an airlock during this cooling time, and from this point onward.

AFTER the honey water mixture is BELOW 80°F, take a SG / Brix, & temperature reading and record these values with the date and time, then install the primary lid and airlock.

3) **Pitch the Yeast** Pour the yeast slurry into your cooled mead mixture, and **mix it in thoroughly** with a sanitized mixing tool (spoon). Put the lid on your primary plastic bucket.

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4) **Add additional nutrients** as follows:

- Stage 2: At active fermentation (when the Brix drops 2-3°) add the **Stage 2 Nutrients** - stir-in to dissolve.
- Stage 3: At mid-fermentation (OG+FG)/2, - Add the **Stage 3 Nutrients** - stir-in to dissolve.

5) **First Racking** (from bucket to carboy)

When your SG reaches ~1.000, rack the mead to a clean, sanitized, 5 gallon glass carboy. Now the waiting begins. In the next few months (1-3+), more lees may form. At 1-3 month intervals, rack the mead off the lees until you have relatively clear mead. Some mead will be left behind and your final volume should be about 4½ - 5 gallons.

6) **Bottling**. When you are satisfied with the clarity of your mead you may bottle it (750 ml wine bottles & corks) and allow it to age. Once bottled, most mead should age 6-12 months before consumption. A mead only gets better with age, and should not spoil as long as sanitation was properly observed

A Hightest FAQ
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