

Sponsored by Proscenium Circus

# Dance Movement Workshop with Patrishya Fitzgerald



This class is for guys and girls who want to improve their ability to move and dance on stage. Whether you are an experienced dancer or have never taken dance, this workshop is for you. Through these eight one-hour sessions you will learn how easy it can be to jump, leap, turn, run, fall and balance using velocity, momentum, and force. A great workout!

**Sept. 18, 25; Oct. 2, 9, 16, 22, 29; Nov. 6 • 2:30 - 3:30 pm in the A-B Auditorium**

**\$80 for 8 hours** – \$10 deposit to hold a spot; balance of \$70 due on the first day of class  
Wear loose comfortable clothing with jazz shoes, ballet slippers, or socks.



**Patrishya Fitzgerald** holds a BFA in modern dance from the University of Utah, and an MFA in dance choreography and performance from Smith College. Patrishya has taught at the San Diego Ballet School, Boston University, Jacob's Pillow Dance Festival, Smith College, Concord Academy, University of South Carolina, and the Boston Ballet Center for Dance Education. She is a Certified Instructor of the Pilates Method of Body Conditioning and a certified GYROTONIC® instructor. She teaches at Upward Spiral Studio in Cambridge and her home studio in Acton.

**For more information, contact Linda Potter, [lpotter@mail.ab.mec.edu](mailto:lpotter@mail.ab.mec.edu).**

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## DANCE MOVEMENT WORKSHOP

NAME \_\_\_\_\_ GRADE LEVEL \_\_\_\_\_

YOUR CELL PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

PARENT'S NAMES \_\_\_\_\_ HOME PHONE \_\_\_\_\_

### My Experience (Check and describe any that apply):

Dance classes: \_\_\_\_\_

Sports: \_\_\_\_\_

Martial Arts: \_\_\_\_\_

Gymnastics: \_\_\_\_\_

Other activities: \_\_\_\_\_

I am a singer.  I can read music.  I am in band.  I play an instrument.  I have never taken a dance class.

**Class is \$80.** A \$10 deposit will hold a place. Balance of \$70 due on first day of class. Please make check payable to A-B Friends of Drama and leave in PC office mailbox, or mail to: Linda Potter, Drama Dept. ABRHS, 36 Charter Rd., Acton, MA 01720.