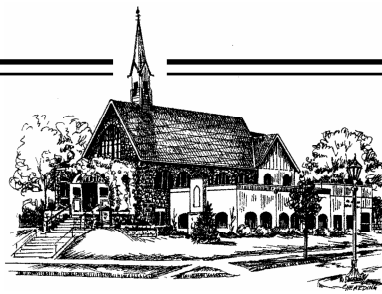


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# ◆ Tidings ◆

## from St. Matthew's



Vol. 4, Issue 9

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St. Matthew's Episcopal Church, St. Paul, Minnesota

April, 2006

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### From The Rector

*"Do not be conformed to this world, but be transformed by the renewing of your minds."*

*--Romans 12:2*

I always appreciate hearing from parishioners and visitors who don't understand or struggle with Christian terms or concepts I use in sermons, classes or *Tidings* articles. Recently, a young man told me that he was having a negative reaction to the words "Christian formation." He felt that the word "formation" was coercive and implied that he was malleable or form-able. In my last church we had a Christian Formation Committee rather than a Christian Education Committee (now Christian Education Ministry Team!) because we felt that the word formation was much more comprehensive than education. For me, "education" conjures up images of information being conveyed, mostly through presentations and discussions, and a narrow focus on the intellect. Formation, on the other hand, includes such things as faith practices – worship, prayer, confession, celebration, etc. – everything that works to form us (if we are open and willing) into the image of Christ. Not only does information learned in classes form us, but so too do the daily and weekly practices and commitments that inform our lives.

If we are not formed by our faith, we will definitely be formed by other things – our culture, including advertising, our friends, our work, and the ways we spend our free time. As Christians, I believe that we are most profoundly formed not by what we *know* about our faith, but by the ways we practice it -- or fail to do so. Prayers said daily, Bible reading, service to others in the community and world, participation in worship, and probing discussions about what we believe, culminating in the practice of our faith daily at work and home do add up. It is through these practices we become the men, women, and children God created us to be. Participants in many of the other world religions are more rigorous than most

*(From the Rector, Continued on page 5)*

### In 20 Years.....

By Marissa Calcaterra

Who will be in the pews in our church? Where will your children be in their faith relationship? Where will you be in your faith relationship? What will the Episcopal Church look like?

In one of my classes at Seminary, we read Choosing Church, by Carol Lytch. This year-long study looked at family life, church demographics, and preferences of teens to discover why teens stay active in church during their later years of school. The book reveals some interesting facts about churches whose teen involvement exceeds the average.

Family life was a central factor in whether students would stick with their church beyond the years of being dragged there. For the students who were active beyond their junior year in high school, their parents were very open about their own faith. As Lytch puts it, "Teens tend to choose faith when they lived in families that 'talk the walk' and 'walk the talk'". In other words, faith formation went beyond the church walls on Sunday and infiltrated their lives within and outside the home.

I want to challenge the families of St. Matthew's to take on this notion. This can be done in very simple ways. First, talk to your children about their faith and who God is to them. This can be done at age 4 and age 24. Don't ever think you do not know enough to talk about faith. You are the first influence your child has. Believe it or not, even in the later years of high school, students say their parents still have the biggest influence in their lives.

Another way to do this is to have a family devotion time. If you find it hard to get everyone's schedules in sync, you can start once a month, to make sure everyone has it on their schedule. Go to the park, or cook a meal together, and pick a topic/scripture. The parables in the Gospels are a great way to start, espe-

*(St. Matthew's Youth, Continued on page 5)*

## People News and Announcements

The Most Rev. Frank T. Griswold  
*Presiding Bishop of the  
 Episcopal Church*  
 The Rt. Rev. James L. Jelinek  
*Bishop of Minnesota*

### **Vestry Members:**

Duke Addicks  
*Senior Warden*  
 Megan Gangl  
*Senior Warden Elect*  
 Phillip Jenkins  
*Junior Warden*  
 Nancy Dietman  
*Youth Representative*  
 Nancy Alholm  
 Mike Christenson  
 Perri Graham  
 Marilyn Grantham  
 Linda López

James Myster  
 Bruce Nerland  
 Don Nevin  
 Bert Ranum  
 Tracy Dunnwald  
*Clerk of the Vestry*  
 Ray Dietman  
*Treasurer*  
 Leo Bjorlie  
 Mark Brown

Kathryn Grambsch  
*Diocesan Delegates*

### **Ministry Positions:**

Katie Lowry  
*Acolytes, Angel Choir*  
 Marian Stankovich  
*Adult Education*  
 Sue Nevin  
*Altar Guild*  
 Richard Stiefel  
*Art Ministry Team Chair*  
 Karen Pfeifle and Rosa Uy  
*Br. Lawrence Guild*  
 Marilyn Grantham  
*Chalice Bearer/LEM  
 Coordinator*  
 Joan Hershbell  
*Dinner Group Coordinator*  
 Megan Gangl  
*Librarian*  
 Ray Dietman  
*Loaves & Fishes*  
 Perri Graham  
*Social Justice Ministry*  
 Kathryn Grambsch  
*Verger*

### **Staff:**

The Rev. Blair Pogue  
*Rector*  
 The Rev. Dwight Zscheile  
*Transitional Deacon*  
 J Michael Compton  
*Dir. Of Music Ministries  
 Manager of Office Ministries*  
 Lis Christenson  
*Coordinator of Children's  
 Ministries*  
 Marissa Calcaterra  
*Youth Coordinator*  
 Nigel Spottiswoode  
*Bookkeeper*  
 Ron Houde  
*Maintenance Service*

Norma and Doc Milburn have moved to Episcopal Homes (Iris Park Commons). They lived in their home in Saint Anthony Park for fifty years, playing an important role in the neighborhood and the life of the St. Matthew's community. Norma was the parish secretary here for many years, and many parishioners remember Norma and her warm welcome as their first point of contact with St. Matthew's.

Doc and Norma's new address is:  
 1850 University Ave. W., #318  
 St. Paul, MN 55104

Their phone number is the same: 651-645-1121. They welcome calls and visits.

## Pictorial Directory

Dear St. Matthew's Members,

Thank you so much for participating in the Pictorial Directory. We had a very high turnout and our directory will contain just about everyone in the parish. If you participated, you can expect your free picture and directory in May.

Sincerely, Jet Paulu

## Painting completed

In mid February, the walls of the nave were repaired and repainted, which was a huge project. The color, chosen by Alex Alexander, continues the color scheme of the narthex and chancel.

I would like to offer my sincerest appreciation for the parish's financial support, Alex's guidance and for the fine work done by "Painting by Jerry Wind." The funds for this project came from excess funds received from the steeple project.

Your former Junior Warden,  
 John Tillotson

## Easter Flowers

By Grace Evans

Donations for flowers for our Easter celebration are being solicited. We traditionally decorate the worship space with beautiful lilies and spring flowers. Parishioners donate to express their gratitude or to designate a memorial. Special Easter envelopes are placed in the pews or in a basket in the undercroft for these donations. Make checks payable to Saint Matthew's with the note "Liturgical Decorations" on the memo line. The potted plants may be taken home on April 30 to enjoy and to plant in your garden.

**Women's Fellowship:** The next gathering of St. Matthew's women will be April 7 at 7 pm in the library. For more information, contact Katie Lowry at 651-483-1472, or [khlowry@comcast.net](mailto:khlowry@comcast.net).

## New Members

By Jet Paulu

Sam Hardman and Lisa Bierwagen

Sam is a stay at home father of Noah (9), Jack (3 ½) and Timothy (7 months). He is also the son of Susan and Bob Hardman. Sam has a BA in studio art and loves the freedom he has. Noah is a voracious reader, a musician, and active in sports; Jack is a free spirit, and Timothy is laid back and mellow.

Lisa is a computer programmer at Clark Consulting. She came to us from the Missouri Synod of the Lutheran Church. She grew up in the Chicago area, went to school at Carleton and met Sam at the Lagoon Theatre where they worked together. She plays the cello and said it took a long time for her to decide to join a church. They both find St. Matthew's a great community.

## St. Matthew's Prayer List

Please keep the following people in your prayers. To add a person to the prayer list, please contact Michael Compton.

- George Johnson, father of Sandy McTavish, lung cancer
- Abby Marier, recovering from surgery
- Diane Zscheile, sister of Dwight Zscheile, breast cancer
- Allen, father of Amanda Ziebell-Finley, heart murmur
- Jane Lindberg, recovering from hip replacement
- Athula, friend of Mark Brown, recovering from auto accident
- Bethany, student of Linda López, recovering from auto accident
- Robert Harrison, brother of Marilyn Grantham, plugged arteries
- Duke Addicks
- James Carpenter, cancer of the hip
- Dennis Hallen, brother of Cindy Land, spinal disc
- Donna Cardamone Jackson, wife of David Jackson, undiagnosed pain
- Jane Bose, sister of Grace Evans, stroke
- Dorothy Nevin, mother of Don Nevin, cancer
- Gloria, friend of Rosa Uy, cancer
- Sharon Quast, sister-in-law of Jet Paulu, multiple myeloma
- Jim, friend of Kathy Szczech, multiple myeloma
- Emily, friend of Noemí López, depression
- Dorothy Maxson, sister of Marilyn Grantham, partially paralyzed following surgery
- Neal Puffer, father of Jan Puffer, emphysema
- Richard Dennis, thyroid cancer
- Merabu, mother of Beatrice Garubanda, blocked lymph system
- Betty Tarone, mother of Elaine Tarone, blood clot, depression
- Chuck Land, cancer of the esophagus
- Judy Sherman, sister of Diane Raff, stroke
- Linda, sister of Birdie Carter, cancer
- Tom, friend of Michael Compton

## Holy Week Services

### Passion/Palm Sunday, April 9

Services at 8 and 10:30 am.

The 10:30 service includes a song by our children's choir and a one-man reenactment of the passion narrative by parishioner and actor Peter Thomson.

### Maundy Thursday, April 13

Community agape meal from 6-7 pm in the parish hall. Please bring simple Middle Eastern-style foods to share: pita, hummus, grapes, cheese, crackers, chopped vegetables, etc.

Service at 7 pm in the sanctuary includes taize chants, the stripping of the altar and foot washing (if desired).

### Good Friday, April 14

Traditional Good Friday liturgy at noon in the sanctuary.

Service of Tenebrae at 7 pm in the sanctuary.

### Easter Sunday, April 16

Services at 8 (Rite I) and 10:30 am (Rite II).

Both services include festive Easter music. The 10:30 service includes a baptism.

## Extending the JOY

By J Michael Compton

The house is packed, flowers are beautiful, people sing, trumpets blare and, once again, Christians welcome the feast of the Resurrection, better known as **Easter**.

After all have sung "Jesus Christ is risen today" lustily, and the organist has played the last note of the Widor Toccata, and we've gone home to our family celebrations, what then? Is it all over? The largest candle, called the *Paschal candle*, stands lit for 40 days reminding us that Easter is more than one gigantic blow-out.

The choir of St. Christopher's Episcopal Church in Roseville, Jacob Manier, director, will be guests of the St. Matthew's choir and, together, sing a glorious Eastertide Evensong on April 30 at 4:30 p.m. There will be festive music to help us celebrate the season, including a new setting of the *Magnificat and Nunc Dimittis* by Jack Hawes. Come and join us at St. Matthew's and extend the joy!

# Education

## Children's Education

By Lis Christenson, Director

The children will continue to observe Lent for the first few weeks in April. Godly Play classes will hear the stories of "Christ the King - the Triumphal Entry" and the "Last Supper". Extra copies of Carol Bjorlie's Lenten Guide for Families are still available in each classroom. This is a wonderful resource that offers daily activities and ideas for Lent, including the last passion week. The preschool/kindergarten children have watched their "seeds" (sweet potatoes) grow in their windows this month. The Faithweavers class has spent many hours rehearsing and filming their "parable project."

Easter falls in the middle of the month (April 16) and our altar spaces and stories will change to celebrate the new season. Look for a transformation from purple to white in the classrooms. Response activities may include egg decorating and images of light, butterflies and new life.

Remember to mark your calendars for Saturday, April 22 - the Spring Children's Festival! We are planning a morning of fun, with a Spring/Easter theme. Contact Lis Christenson 651-646-2969 or [lisd@comcast.net](mailto:lisd@comcast.net) for further information or to volunteer for this important event.

### Preschool/Kindergarten

- April 2 Lent 5: Jesus the King/Triumphal Entry
- April 9 Lent 6: The Last Supper
- April 16 EASTER - No Education
- April 23 The Appearance to Mary Magdalene
- April 30 Liturgy of the Light

### Grades 1-2-3

- April 2 Lent 5: Jesus the King/Triumphal Entry
- April 9 Lent 6: The Last Supper
- April 16 EASTER - No Education
- April 23 The Appearance in the Garden
- April 30 The Road to Emmaus

### Faithweavers Grades 4-5-6

- April 2 The Last Supper
- April 9 Jesus' Death and Resurrection
- April 16 EASTER - No Education
- April 23 Thomas, Witness to the Risen Lord
- April 30 The Sea of Tiberias

## Adult Forum Calendar:

**Adult Forum meets in the library each Sunday morning from 9:15 to 10:15. Everyone is welcome.**

- April 2 - Rector's Forum
- April 9 - Discovery Channel: Jesus: The Complete Story, the Mission
- April 16 - EASTER, No Education
- April 23 - Discovery Channel: Jesus: The Complete Story, the Last Day
- April 30 - Discussion of video series

The web site ([www.stmatthewsmn.org](http://www.stmatthewsmn.org)) will contain the most up to date information on the Adult Forum.

## Centering Prayer

The Centering Prayer group will meet on April 1 from 9:30 am to 10:30 am in the church library. We will view a video from the Benedictine Center on Thomas Keating's teachings about centering prayer, and then practice centering for twenty minutes. All are welcome.

Child care will be available. Contact Kirsten Johnson for more information: [misswhits@comcast.net](mailto:misswhits@comcast.net)

## Spring Children's Festival

Please join us and invite your neighbors and friends to the Spring Children's Festival on Saturday April 22 from 10:00 am - noon. We will celebrate new life and the spring season with games, crafts and movement. Possible activities include paper making with seeds, water play for the youngest participants, spring streamers for active play and banner making with butterflies.

We would like to include all children, preschool through elementary levels. We had a wonderful group of volunteers for the first children's festival. If you have any interest in participating or planning for the spring event, please contact Lis Christenson, the Children's Learning Director, at 651 646-2969 or [lisd@comcast.net](mailto:lisd@comcast.net)

## Youth Group

Up coming events:

TEC (Teens encounter Christ) weekend April 21-23  
Contact Marissa for more information

Jr / Sr High Lock-in: C<sup>3</sup> - Creation, Created, Create!  
April 28-29, 9 pm-8 am  
Sign up in youth room, \$10

Casting Crowns Concert  
April 29, 7 pm , Xcel Energy Center  
If enough people are interested we could get a group rate!

### From the youth director

Wow, has time flown! I cannot believe I have been here for three months already. I have loved getting to know so many of you at St. Matthew's. This is such a warm, welcoming, and open community. I appreciate your willingness to try new things, and to engage in conversation about the youth of the church.

Since Lent is time of reflection, we have toned down youth group to include meditation and journaling. Our topic each week mirrors the sermon topic. Each student has a journal packet, which they add to weekly. At Easter, the students will be able to look back and see how they have grown in their faith during this time.

A huge thank you to the many of you who sponsored a Bible. We have enough for 15 Bibles and some devotional material. I am excited to have the students dig into scripture and struggle with figuring out ways that it applies to their lives. What an exciting time for youth ministries here at St. Matthew's!

Marissa Calcaterra, mcalcaterra001@luthersem.edu

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### St. Matthew's Youth *(Continued from page 1)*

cially with younger kids.

I realize that I do not have children, and am unable to fully understand the demands of daily life as a parent. However, I can attest that much of my own faith development has come from saying my prayers with my mother before bed, and then her allowing me to ask questions in order to discover my own faith. If it was not for the faith of my mother as she raised me in a single-parent household, I would not have the foundation that enables me to lead youth in their faith journey. If you need any resources please do not hesitate to contact me.

### From the Rector *(Continued from page 1)*

mainline Christians about faith practices, including Islam, Judaism, and different streams of Buddhism. How can we reclaim this ancient and important aspect of our own faith?

This is one of the many reasons Dwight and I chose Richard Foster's *Celebration of Discipline* for St. Matthew's Lenten reading and reflection. I know the word "discipline" can be another difficult word, especially for baby boomers, but for me it conveys a sense of deep commitment, of daily practice which is not always easy or convenient but ultimately transformative. It is through the spiritual practices discussed in Foster's book, most of them ancient, that we not only join the communion of saints in the continuance of our life-changing faith through its powerful practice, but that we become Christ-followers in more than name.

Not only on Sundays during Lent, but also during Holy Week, there will be special opportunities to re-remember and walk the way of Christ during the days and hours before his crucifixion. Typically only a small percentage of churchgoers tend to participate in the very moving services on Maundy Thursday and Good Friday. And yet without them, Easter, let alone the Christian faith, loses its depth and richness. It is only when you have journeyed with Christ to the cross and tasted of his sacrifice and sense of betrayal and abandonment that you can truly celebrate his resurrection on Easter. Please join me for a family-friendly agape meal (6 pm) and Maundy Thursday service (7 pm) on Thursday, April 13, as well as for either a noontime liturgy or night time service of Tenebrae (7 pm) on Good Friday, April 14.

May we each be challenged this Lent to go deeper in our knowledge and love of God, including the daily practice of our faith, and in our love for God's people.

Blair

### Giving Away!

We'd like to give away a king-size mattress and box spring to anyone who could use it. It's in great shape.

Bruce and Ann Nerland, 292-0139, or banerland@comcast.net

# Ministry Teams

## Social Justice Ministry News

by Susan Hardman

We are happy to announce that Perri Graham is the new chair of SJM.

Remember March is Minnesota Food Share month. Consider buying a few extra items and bring them to the basket at church. Cash donations are also gratefully received. If you go online at GMCC.org and click on ABOUT US, you will find information on donating to The Greater Minnesota Council of Churches programs.

Volunteer Fair Trade Coffee sales coordinator needed: We will train someone to place orders, keep track of inventory and make sure the display is out and put away. Perri Graham will train you in these simple procedures. She can be reached at 651-639-0555 or [grahamraff@msn.com](mailto:grahamraff@msn.com).

Next SJM meeting is April 10, Monday, at 7 pm in the church library. We will be discussing plans for next year. One issue that was brought up at our March meeting is the growing disparity between rich and poor in this country. This is perhaps the fundamental social justice issue of our day. We will look at creating an in-depth series of educational meetings and action projects on this topic. Come join us and add your ideas!

## Art Ministry News

by Marjorie Alexander

The Undercroft Art Ministry has voted to donate \$200 to the Altar Guild toward the purchase of a new set of green eucharistic hangings for the altar. The Ministry is dedicated to the maintenance and enhancement of the beauty of our church. Their budget is garnered from artists' fees, art work sales commissions, and donations. Other donors who wish to contribute should contact Suzanne Nevin, chair of the Altar Guild.

## Tidings Deadlines

Sunday, April 23, 2006

Sunday, May 21, 2006

Send articles to Katie Lowry:  
[khlowry@comcast.net](mailto:khlowry@comcast.net)

## Cooking Class Fundraiser

Four of St. Matthew's talented cooks have agreed to teach cooking classes as a St. Matthew's fundraiser. This unique offering of classes is a great way to add to your cooking repertoire, have an enjoyable day and meet new people! All classes will meet in the church kitchen. Details and costs will follow.

### April 22 Super Sushi

Join our resident Chinese cook for tips, tricks and recipes for sushi. Rosa will discuss techniques and provide shopping tips. A not-to-miss class for sushi lovers!

**Teacher: Rosa Uy**

**1 – 3 pm**

### April 29 Savory Sauces

This class will teach sauce basics, including a delicious basic fruit sauce that can be varied from blueberry to raspberry, a wonderful chocolate sauce, and a basic dressing can be adapted to all kinds of salad dressings. Learn about Hungarian fruit sauces that Hungarians use in place of gravy over mashed potatoes, using cranberries or sour cherries, really quite fabulous and non-fat!

**Teacher: Karen Pfeifle**

**9:30-11:30 am**

### May 6 Southern Barbeque and Appetizers

Learn Ray's secrets for terrific barbeque and tasty appetizers. Bring your appetite - this is a taste test class!

**Teacher: Ray Dietman**

**1 – 3 pm**

### May 13 Inspired Italian

Three delightful pastas from three different regions of Italy. One or two will be quick enough for a great weeknight dinner. Bring an apron, a cutting board and a good knife!

**Teacher: Joan Hershbell**

**3 – 5 pm**

## Spring clean up day

Mark your calendars for the St. Matthew's Spring Work Day. Saturday, May 20 from 9 am - 12 noon.

# April 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
C = Chapel CR = Choir Room K = Kitchen L = Library RO = Rector's Office Sr = Sr Youth Room U = Undercroft						<b>1</b> 9:30 am Centering Prayer (L) 10:30 Worship Ministry (L)
<b>2</b> 8 am Holy Euch., Rite 1 9:15 Education Hour 10:30 Holy Euch, Rite 2 12 pm Workcamp Meeting 4 Angel Choir 4 Prospect Hill (L)	<b>3</b>      6 pm Tutoring (U)	<b>4</b>   10 Staff Planning Meeting   7 pm Book Discussion (L)	<b>5</b> 7 Men's Bible Study (L) 10 Holy Euch, Rite 1 (C)   7 pm Confirmation Class 7 Choir Rehearsal (CR)	<b>6</b>     6 Tutoring (U) 7 MICAH (L) 7 Education Ministry (Sr)	<b>7</b>     7 Women's Fellowship (L)	<b>8</b> 9:30 Liturgical Decorations   (L) 10 Blue House Board (U)
<b>9 Palm Sunday</b> 8 am Holy Euch., Rite 1 9:15 Education Hour 10:30 Holy Euch, Rite 2 12 Sermon Discussion (L)  4 pm Prospect Hill (L)	<b>10</b>     6 pm Tutoring (U)	<b>11</b>     7 Gospel of John (C) 7:15 Art Ministry (L)	<b>12</b> 10 Holy Euch, Rite 1 (C)   7 Confirmation Class 7 Choir Rehearsal (CR)	<b>13 Maundy Thursday</b>     6 Agape Meal (U) 7 Holy Euch, Rite 2	<b>14 Good Friday</b>   12 Noon Liturgy  7 Tenebrae Service	<b>15</b> 10 Art Hanging
<b>16 Easter</b> 8 am Holy Euch., Rite 1 9:15 NO Education Hour 10:30 Holy Euch, Rite 2  4 pm Prospect Hill (L)	<b>17</b>     6 pm Tutoring (U)	<b>18</b> 8:30 MN Food Assoc.	<b>19</b> 7 Men's Bible Study (L) 10 Holy Euch, Rite 1 (C)   7 pm Confirmation Class 7 Choir Rehearsal (CR)	<b>20</b>     6 Tutoring (U)	<b>21</b>	<b>22</b> 10 Children's Festival (U)  1 pm Cooking Class (K)
<b>23</b> 11:45 Artist's Reception <b>30</b> 3 pm "For God's Sake!" 4:30 Choral Even-song	<b>24</b>    4 pm Angel Choir   6 pm Tutoring (U)	<b>25</b>    7 Gospel of John	<b>26</b> 10 Holy Euch, Rite 1 (C)   7 Choir Rehearsal (CR) 7 Confirmation Class	<b>27</b>    6 Tutoring (U) 7 Vestry (L)	<b>28</b>   6:15 Family Concert 7:30 Family Concert 9 Youth Lock-in	<b>29</b> 9:30 cooking Class   1 pm Social Justice Ministry

## In This Issue

**Apr. 7 - Women's Fellowship, p. 2**

**Apr. 9 - Palm Sunday**

**see p. 3 for Passion Week services**

**Apr. 16 - EASTER**

**Apr. 22 - Spring Children's Festival, p. 4**

**Apr. 22 - Sushi class, p. 6**

**Apr. 29 - Sauce class, p. 6**

**Apr. 28/29 - Youth lock-in, p. 5**

**Apr. 30 - Eastertide Evensong, p. 3**

**Tidings** from St. Matthew's is published monthly by St. Matthew's Episcopal Church. This publication is mailed to parishioners and friends of the parish at no cost to them. It is also available on the St. Matthew's web site, [www.stmatthewsmn.org](http://www.stmatthewsmn.org), under "publications." If you would like to receive notification when each publication is available or if you would like to receive it as pdf file via e-mail, please send an e-mail to [khlowry@comcast.net](mailto:khlowry@comcast.net).

### St. Matthew's Office Hours:

Tuesday - Friday, 9:30am - 2:30pm

Phone: (651) 645-3058

Fax: (651) 645-0531

[www.stmatthewsmn.org](http://www.stmatthewsmn.org)

The Office Manager is off on Mondays

The Rector is off on Fridays

Pastoral Care Emergency phone:  
651-357-0945

## Tidings from St. Matthew's

St. Matthew's Episcopal Church  
2136 Carter Avenue  
St. Paul, MN 55108

Please notify us if you wish to be removed from the mailing list, or prefer to receive e-Tidings instead of paper Tidings. Thank you.

*Tidings is published 12 times a year for members and friends of St. Matthew's Episcopal Church, "A NEIGHBORHOOD CHURCH WITH AN INTERNATIONAL COMMUNITY."*

Sunday services at 8:00 and 10:30 a.m.  
Education hour 9:15 a. m.

Phone: (651) 645-3058  
Fax: (651) 645-0531  
[www.stmatthewsmn.org](http://www.stmatthewsmn.org)