

Rehabilitative Strategies

CRIM 3326 21

RA204

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Office hours

09/SP

T, Th 11:25AM - 12:40PM

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M, F 11:00 to 12:30 T, Th 2:05 to 3:05

Other hours by appointment

Criminal Justice professionals are often charged with facilitating diversionary sentences, reducing recidivism, addressing a wide range of problem behaviors, and easing transition from prison life into normal society. This course will examine the problems, contexts, and techniques faced by criminal justice professionals charged with some facet of facilitating the rehabilitative process.

Learning Outcomes

After completing this course participants will:

1. Understand the rehabilitative impact of various correctional strategies.
2. Understand the specific cultural and personal impact of various treatment and penal modalities,
3. Understand which strategies work to reduce recidivism and which do not.
4. Gain an understanding and basic skills in motivational interviewing and cognitive behavioral interventions
5. Understand the importance of scientific criteria in the selection of research materials.

Required Texts:

MacKenzie, Doris Layton. (2006). *What Works in Corrections: Reducing the Criminal Activities of Offenders and Delinquents*. NY: Cambridge University Press.

Walters, Scott T., Clark, Michael D., Gingerich, Ray, & Meltzer, Melissa L. (2007). *Motivating Offenders to change: a Guide for Probation and Parole*. Washington, D.C.: National Institute of Corrections. (To be provided in class).

Online training

Participants will need to visit the following website, take the short course on motivational interviewing and provide me with a copy of the Certificate upon completion.

<http://www1.alcoholcme.com/?id=2455:12875> Certificate must be submitted on or before February 17th.

Grading

Grades are designed to measure and reflect a student's effort, acquired knowledge and understanding of the course material and the intended learning objectives. Grades for the course will be based upon two tests, MindMaps and class participation. Grades will be based upon standard grading scales consistent with the criteria established by the University.

No make-up tests/exams are provided. Assignments are due the day of class: late assignments will not be accepted unless specific arrangements have been made with the instructor.

Testing

Tests will be offered as follows:

Mid Term	30%
Final Exam	30%

Mind Maps

MindMaps represent an innovative approach to learning and organizing material. Creating the MindMap will ensure that participants have reviewed the relevant chapters before class and will be fully prepared to participate in class discussions. Students are expected to submit the MindMap for the appropriate chapter(s) at the start of the first class session in which the chapter readings are assigned (typically on Monday). The MindMaps will count towards 10% of the grade. MindMaps must reflect a minimum of 3 levels of information in order to receive credit. Please navigate to <http://home.comcast.net/~richardmgray/mindmaps.htm> and watch the Mind Mapping video.

Credit Summary

NB: If other work or attendance is incomplete or does not warrant an advanced grade, the instructor reserves the right to limit the amount of credit given for mind-maps and attendance.

Task	Percent of grade
Tests	60
Attendance / participation	15
Mind Maps	10
CME Motivational Interviewing Certificate	15
Total	100

Grading Scale

A	96—100	B+	85—89	C+	75—79	D	60—69
A-	90—95	B	80—84	C	70—74	F	<59

Academic integrity

Plagiarism is defined as the unattributed use of someone else’s material. If an Idea is not yours, you must cite the source; even if it is not a direct quote. Paraphrases must change a minimum of 20% of the material; they must include a source citation. Direct quotes require a citation with a page number.

Any student who is found cheating on a test or plagiarizing written material or reusing a term paper that they have not written will be dealt with in accordance with University policy.

NB: If other work or attendance is incomplete or does not warrant an advanced grade, the instructor reserves the right to limit the amount of credit given for mind-maps and attendance.

Readings and Assignments	(Subject to change)
Week of January 27 <u>January 27</u> Course Introduction, Review of Syllabus, General Discussion <u>January 29</u> Strategies for Reducing Crime MacKenzie Chapter 1	
Week of January 3 <u>February 3</u> Incapacitation MacKenzie Chapter 3 <u>February 5</u> Perspectives on Rehabilitation. Mackenzie Chapter 4	
Week of February 10 <u>February 10</u> Evidence Based Corrections MacKenzie Chapter 2 <u>February 12</u> Academic Education and Life Skills Mackenzie Chapter 5 Vocational Education and Work Programs Mackenzie Chapter 6	
Week of February 17 <u>February 17</u> Cognitive behavioral Interventions Schemas and scripts, expectations and choice points. Pattern interruption <u>February 19</u> Cognitive behavioral interventions,	

<p>Stinking thinking Irrational thought patterns(Ellis) The Meta model (NLP)</p>
<p>Week of February 24 <u>February 24</u> Cognitive Behavioral Interventions Shaping behavior Practice and Homework</p> <p><u>February 26</u> To be announced</p>
<p>Week of March 3 <u>March 3</u> Cognitive Behavioral Therapy Programs Mackenzie Chapter 7</p> <p><u>March 5</u> Moral Reconciliation Therapy Handouts.</p>
<p>Week of March 10 <u>March 10</u> Mid Term Review</p> <p><u>March 12</u> Mid term Examination</p>
<p>Week of March 16-20 Spring Break</p>
<p>Week of March 24 <u>March 24</u> Sex Offender Treatment MacKenzie Chapter 8</p> <p><u>March 26</u> Juvenile Delinquents MacKenzie Chapter 9</p>
<p>Week of March 31 <u>March 31</u> Domestic Violence Offenders Mackenzie Chapter 10</p> <p><u>April 2</u> Drug treatment Motivational Enhancement Walters et al. Basic Overview The Stages of Change CME Certificate Due</p>
<p>Week of April 7 <u>April 7</u> Drug Treatment</p>

<p>Motivational Enhancement Walters et al. Rapport and presuppositions.</p> <p><u>April 9</u> Motivational Enhancement Active listening and shaping responses Reinforcement, Greenspoon and Skinner</p>
<p>Week of April 14</p> <p><u>April 14</u> Motivational Enhancement Rolling with resistance</p> <p><u>April 15</u> Motivational Enhancement Leading the client to his own conclusions</p>
<p>Week of April 21</p> <p><u>April 21</u> Drug Treatment MacKenzie Chapter 12</p> <p><u>April 23</u> Drug Treatment MacKenzie Chapter 12</p>
<p>Week of April 28</p> <p><u>April 28</u> Drug Courts MacKenzie Chapter 13 Guest Speaker</p> <p><u>April 30</u> Drug Courts MacKenzie Chapter 13</p>
<p>Week of May 5 -----May 7 Last day of class</p> <p><u>May 5</u> Overview and conclusions MacKenzie Chapter 15</p> <p><u>May 7</u> Overview and Final review.</p>
<p>May 11-15 finals</p>