

# Elizabeth Hanson's Equestrian Pilates® Clinic

## Mounted and Floor Work



### Super Charge Your Equestrian Body

**Equestrian Pilates® Clinics can Help You:**

**Sit the Trot Better**

**Perfect the Use of Aids**

**Develop a Stronger Seat**

**Reduce Back Pain**

**Where: Willow Pond Ranch, Soquel**

**Bring Your Horse or Ride Our School Masters**

**When: Aug. 31, Sept. 1,2 and Sept. 28, 29, 30**

**[www.willowpondranch.org](http://www.willowpondranch.org) (831) 477-7058 [www.equestrian-pilates.com](http://www.equestrian-pilates.com)**

**All Inclusive Cost; \$550 Includes Fri. Eve. Reception & Seminar, Sat., Sun.,**

**And Board of Your Horse or Ride Our Well Trained School Masters**

**Professional Instructor's Price \$450.00**

**Audit Only (Watch but not participate) \$50.00 Includes Friday Night, Sat., Sun.**

**Wine & Cheese Seminar. Fri Night Only: \$25.00**

**Contact Sharon to Book Today**