

# FORM A TAKE THE LAKE TEAM TODAY!



## About Take the Lake:

Take the Lake 5K is a 3.1 mile walk or run around Wakefield's Lake Quannapowitt. Take the Lake supports the New England Coalition for Cancer Survivorship. In 2011, Take the Lake launched a casual 'Team' option, which encourages groups to participate as a team.

## Event Date:

Sunday July 10, 2011

## Event Venue:

Comverse Building, Lake Quannapowitt, Wakefield, MA

Team Name: \_\_\_\_\_

**Note: Please have each team member fill out a full event registration at [www. TaketheLake5k.com](http://www.TaketheLake5k.com)**

Team Members	Email	Phone	Check One:	
			Walk	Run
Team Leader:				
For more information and to register, see <a href="http://TaketheLake5k.com">TaketheLake5k.com</a> or <a href="http://neccs.org">neccs.org</a>				