

**South River Eye Care**  
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## **BLEPHARITIS**

Blepharitis is a bacterial infection of the margins of the lids. Typical signs and symptoms include redness of the lid margins, morning crusting of the lids, burning and general eye irritation even to the point of foreign body sensation.

It is a chronic condition that may lead to more severe eye infections if untreated.

An excellent method of self-treatment is to take a small glass of warm water and add 2 to 3 drops of Johnson's Baby Shampoo. Then with a sterile cotton-tipped swab dipped in solution gently clean along the margins of the lids 2 to 3 times a week. There is now a commercial lid cleaner on the market that is more effective than the Johnson's Baby Shampoo solution mentioned above.

If the blepharitis is more severe, an antibiotic ointment may be prescribed to be used as a lid scrub nightly for 2 to 3 weeks to bring the condition under control, then maintain the lids in good condition with occasional baby shampoo lid scrubs.

If you have any further questions about blepharitis or its treatment, do not hesitate to give us a call.