

# WILSON FARM PARK DISC GOLF RULES & REGULATIONS

## COURSE RULES

1. **BE EARTH CONSCIOUS: Please Don't Litter!**  
Be considerate of plants, animals and property.
2. **SHARE THE SPACE!** This is a shared-use area, and pedestrians and non-players have the right of way. Never throw until the area is clear of other people (and animals).
3. **TAKE CARE** when retrieving discs that miss the fairway – there are thorns, poison ivy, ticks, snakes (little ones) and animals.



wilsondiscgolf.org

## OFFICIAL DISC GOLF RULES & REGULATIONS

Disk Golf works on the honor system. Playing by the rules is the best way to improve.

1. Disc golf is played like ball golf, using flying discs. One stroke is counted each time the disc is thrown, and when a penalty is incurred. The point winner is the one with the lowest score.
2. Tee throws must be completed within the designated tee areas (i.e. you must throw from behind the tee markers).
3. After teeing off, the player whose disc is farthest from the hole always throws first. The player with the fewest strokes on the previous hole is first to tee off.
4. Fairway throws must be made with the foot closest to the hole on the "lie" (where the last throw came to rest). The other foot may be no closer to the hole than the foot on the lie.
5. A run-up and follow-through are allowed when more than 10 meters from the hole. Inside 10 meters, a player may not step or touch the ground past the lie. "Falling" or "jumping" putts are not allowed inside 10 meters.
6. The hole is complete when the disc comes to rest inside the basket or chains. A disc that comes to rest on top of the pole or that hits the chains or basket and bounces out is NOT a completed hole. (It's really really annoying, but it's part of the game.)
7. A throw that lands out-of-bounds, or that is unplayable, must be played from the point where the disc went out-of-play, taking a one stroke penalty. Water, man-made objects, woods, and walking paths are normal disc golf out-of-bounds hazards.

And, the most important rule: **THE MOST FUN WINS!**

If you lose or find a disc, please report it - we'll try to return it to its owner (which is more likely if you write your name & number on your disc)

Email: [LostDisc@WilsonDiscGolf.org](mailto:LostDisc@WilsonDiscGolf.org)