

2008 Team Camp Schedule

GROUP C

DAY 1 – Wednesday, July 9

10:30 – 12:30	Check-In (Administration Building (AD) Parking Lot)
1:00 – 1:30	Opening Meeting/Introductions (Main Court, Martin Centre)
1:30 – 2:00	Demo/Instructional Clinic
2:00 – 2:45	Chalk Talk #1 (Goal Setting)
2:45 – 4:15	Team Practice
4:15 – 5:00	Team Activity
5:00 – 6:00	Dinner Break (Pizza Feed, South Lawn, 5:00 pm)
6:00 – 6:30	Meeting/Camp Rules (Main Court)
6:30 – 9:00	Competition/Jamboree
9:00 – 9:30	Meeting/Team Cheers (Main Court)
9:30 – 10:15	“Queen of the Court” (Fieldhouse)
10:30	Curfew/LightsOut @ 11:00 pm

DAY 2 – Thursday, July 10

8:15 – 8:45	Breakfast
9:00 – 9:30	Announcements/Clinic/Demo (Main Court)
9:30 – 10:15	Positional Sessions 1-2
10:15 – 11:00	Team Practice
11:00 – 11:45	Chalk Talk #2 (Poster Making/Team Activity)
11:45 – 12:30	Team Practice
12:30 – 1:30	Break (Lunch: 12:30 – 1:00)
1:30 – 2:00	Announcements/Clinic/Demo (Main Court)
2:00 – 3:00	Team Practice
3:00 – 3:45	Chalk Talk #3 (Strength and Conditioning)
4:00 – 5:00	Team Practice
5:00 – 6:30	Break (Dinner: 5:45 – 6:15)
6:30 – 9:00	Team Competition
9:00 – 9:30	Wrap-Up
10:30	Curfew/LightsOut @ 11:00 pm

DAY 3 – Friday, July 11

8:15 – 8:45	Breakfast
9:00 – 9:30	Announcements/Clinic/Demo (Main Court)
9:30 – 10:15	Positional Sessions 3-4
10:15 – 11:00	Chalk Talk #4 (College Opportunities/Recruiting)
11:00 – 12:30	Team Practice
12:30 – 1:30	Break (Lunch: 12:30 – 1:00)
1:30 – 2:00	Staff Demo Match
2:00 – 4:00	Team Practice
4:00 – 4:45	Chalk Talk #5 (Relaxation/Coaches' Roundtable)
5:00 – 6:30	Break (Dinner: 5:45 – 6:15)
6:30 – 9:00	Team Competition/Seeding
9:00 – 9:45	Wrap-Up/Skit Night
10:30	Curfew/LightsOut @ 11:00 pm

DAY 4 – Saturday, July 12

8:15 – 8:45	Breakfast
9:00 – 9:30	Meeting/Camp Evaluation
9:30 – 2:30	Tournament Play (Sack Lunch Break: approx. 12:00 pm)
2:30 – 2:45	Team Meetings
2:45 – 3:15	Camp Awards
3:15 – 4:00	Dorm Check-Out