

# **GONZAGA UNIVERSITY VOLLEYBALL ROAD CAMPS**

Over the past sixteen years, Gonzaga University Head Volleyball coach Kip Yoshimura and his staff has conducted more than 125 volleyball road camps, traveling an estimated 80,000 miles throughout Washington, Oregon, Montana, Utah, Alaska and Idaho. Coach Yoshimura has developed effective teaching and training methods that have allowed athletes and teams to closer approach their potential. These traveling camps provide greater opportunities for more of your athletes at a very reasonable cost.

## **CAMP CONTENT**

Coach Yoshimura will assist you in designing the contents of your camp and is equipped to teach all individual and team techniques and systems. Segments on strength and jump training, mental preparation, and an introduction to the college recruiting process are examples of what can be included.

## **CAMP FORMAT AND COST**

2 Day Option: 12 total hours of instruction: \$85. per athlete (including a camp t-shirt)

3 Day Option: 18 total hours of instruction: \$110. per athlete (including a camp t-shirt)

Please note that custom hours and fees can be negotiated for your unique camp situations.

## **STAFF**

Coach Yoshimura or one of his assistants will act as director and head coach at your camp. The remaining staff will consist of personnel including current and former collegiate coaches and players that have been trained to teach and demonstrate "Zag" methods.

## **SCHEDULING YOUR CAMP**

The Gonzaga University Volleyball Road Camp staff will be available to work your camp for mid-May to early August. Coaches are encouraged to reply early, as last year's "prime" camp weeks were reserved early. Note that an effort to combine travel with other camps in your area will be made.

## **YOUR RESPONSIBILITIES**

You will need to secure facilities, publicize your camp, and take care of player registration and the collection of fees. In the past we have had schools join together or add junior high school participates (sometimes as a separate mini-clinic) to increase the number of camp athletes. Generally, we have set the minimum at 16-20 participants. Also, as part of the agreement, we ask that the host coach arrange for overnight accommodations for our staff.

## **CAMP PLANNING**

1. Have a meeting with your team to field interest and determine possible dates.
2. Call, write or e-mail to reserve dates. Include an estimate of number of participants.
3. Reserve gymnasium facilities.
4. Plan camp features and content.
5. Publicize your camp with flyers, community announcements, etc.
6. Collect camp registration and fees.
7. Arrange housing for Road Camp coaches.

**MORE INFORMATION** For more information, or to start planning your camp now, contact coach Kip Yoshimura at (509) 323-6376 (office) or e-mail [volleyball@gonzaga.edu](mailto:volleyball@gonzaga.edu)