

2008 Positional Camp Schedule

EARLY Wave

DAY 1 - EARLY WAVE Monday, July 14

1:00 – 1:30	Opening Meeting (Main Court)
1:30 – 3:30	Skill Evaluation
3:30 – 4:00	Meeting/Camp Rules (Dance Studio)
4:00 – 5:30	Dinner (Pizza Feed 4:00pm)
5:30 – 7:15	Instructional Clinic (Main Court)
7:15 – 7:45	Meeting & Staff Introductions (Dance Studio)
10:00	Curfew/Lights Out @10:30pm

DAY 2 – EARLY WAVE Tuesday, July 15

7:45 – 8:30	Breakfast
8:30 – 9:00	Announcements/Demo/Warm-up (Main Court)
9:00 – 10:45	Positional Sessions 1-3
10:45 – 12:45	Break (Lunch: 12:00 – 12:30)
12:45 – 1:15	Announcements/Demo/Warm-up (Main Court)
1:15 – 3:00	Team Practice
3:00 – 3:30	Staff Demo Match (Main Court)
3:30 – 4:00	Chalk Talk #1 (Dance Studio)
4:00 – 5:30	Break (Dinner: 4:45 – 5:30)
5:30 – 5:45	Team Prep/Warm-up
5:45 – 7:30	Tournament Play
7:30 – 8:00	Evening Awards & Entertainment (Dance Studio)
10:00	Curfew/Lights Out @10:30pm

DAY 3 – EARLY WAVE Wednesday, July 16

7:45 – 8:30	Breakfast
8:30 – 9:00	Announcements/Demo/Warm-up (Main Court)
9:00 – 10:45	Positional Sessions 4-6
10:45 – 12:45	Break (Lunch: 12:00 – 12:30)
12:45 – 1:15	Announcements/Demo/Warm-up (Main Court)
1:15 – 3:00	Team Practice
3:00 – 3:45	Strength & Conditioning Demo / All-Star Match (Main Court)
3:45 – 4:15	Chalk Talk #2 (Dance Studio)
4:15 – 5:30	Break (Dinner: 4:45 – 5:30)
5:30 – 5:45	Team Prep/Warm-up
5:45 – 7:30	Tournament Play
7:30 – 8:15	Evening Awards & Skit Night (Dance Studio)
10:00	Curfew/Lights Out @10:30pm

DAY 4 – EARLY WAVE Thursday, July 17

7:15 – 7:45	Breakfast (note time change!!!)
7:45 – 8:15	Announcements (Main Court)
8:15 – 8:30	Warm-up
8:30 – 1:30	Tournament Continues (Lunch around 11:00am)
1:30 – 1:45	Team Meetings
1:45 – 2:15	Parting Shots and Camp Awards (Dance Studio)
2:15 – 2:45	Dorm Checkout