

2009 Positional Camp Schedule

LATE Wave

Day 1 - Late Wave Monday, July 13

12:30 – 2:30	Check-In (Circular Drive Standard St., see Website for map)
3:00 – 3:30	Opening Meeting (North Court)
3:30 – 5:30	Skill Evaluation
5:30 – 6:00	Meeting/Camp Rules (North Court)
6:00 – 7:15	Dinner (Pizza Feed 6:00pm)
7:15 – 9:00	Instructional Clinic (Main Court)
9:00 – 9:30	Meeting & Staff Introductions (Main Court)
10:00	Curfew/Quiet Hours 10:00pm Lights Out @11:30pm

Day 2 – Late Wave Tuesday, July 14

8:30 – 9:15	Breakfast
10:00 – 10:15	Announcements (North Court)
10:15 – 10:45	Chalk Talk #1 (North Court)
10:45 – 11:00	Demo/Warm-Up (Main Court)
11:00 – 12:45	Position Sessions 1-3
12:45 – 2:45	Break (Lunch: 12:45 – 1:15)
2:45 – 3:00	Announcements (North Court)
3:00 – 3:30	Staff Demo Match (Main Court)
3:30 – 3:45	Demo/Warm-Up (Main Court)
3:45 – 5:30	Team Practice
5:30 – 7:15	Break (Dinner: 5:30 – 6:15)
7:15 – 7:30	Team Prep/Warm-Up (Off-court)
7:30 – 9:15	Tournament Play
9:15 – 9:45	Evening Awards & Entertainment (Main Court)
10:00	Curfew/Quiet Hours 10:00pm Lights Out @11:30pm

Day 3 – Late Wave Wednesday, July 15

8:30 – 9:15	Breakfast
10:00 – 10:15	Announcements (North Court)
10:15 – 10:45	Chalk Talk #2 (North Court)
10:45 – 11:00	Demo/Warm-Up (Main Court)
11:00 – 12:45	Position Sessions 4-6
12:45 – 2:45	Break (Lunch: 12:45 – 1:15)
2:45 – 3:00	Announcements (North Court)
3:00 – 3:45	Strength & Conditioning Demo / All-Star Match (Main Court)
3:45 – 4:00	Demo/Warm-Up (Main Court)
4:00 – 5:30	Team Practice
5:30 – 7:15	Break (Dinner: 5:30 – 6:15)
7:15 – 7:30	Team Prep/Warm-Up (Off-court)
7:30 – 9:15	Tournament Play
9:15 – 10:00	Evening Awards & Power Cheers (Main Court)
10:00	Curfew/Quiet Hours 10:00pm Lights Out @11:30pm

Day 4 – Late Wave Thursday, July 16

7:15 – 8:30	Breakfast (Teams will be assigned a specific time)
7:45	Tournament Play (Teams will be assigned a specific START time)
11:00am	Lunch (approximately)
	Tournament Continues
	End of Tournament Team Meetings
3:00-ish	Parting Shots and Camp Awards (Main Court)
3:15 – 3:45	Dorm Checkout